

OSHER
LIFELONG
LEARNING
INSTITUTE

Discover your own **Fountain of Youth**



Fall Term

Begins Sept. 24

Don't wait to register!
Classes fill fast.



University of North Florida
Division of Continuing Education

Fall 2012 Course Catalog

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Course Listings, **page 10**

OSHER
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WELCOME!

A MESSAGE FROM
YOUR OLLI PRESIDENT



BILLIE J. HAYWARD
UNF OLLI PRESIDENT

► Thank you for becoming a part of the UNF OLLI community where lifelong learning is a cherished value. We look forward to having you become more actively engaged as we celebrate our sixth year as the premier community of adult learners in Northeast Florida.

As you browse the pages of this catalog, you will find proof that we continue to advance our mission to provide educational and social opportunities for those 50 and better by offering over 250 enrichment opportunities annually in a climate fostering friendship and mutual sharing of ideas and life experiences.

I invite you to join us by becoming a member and participating in our courses, ED-ventures and Speaker Series programs. Our seasoned OLLI members are invited to invest talents, skills and time as volunteers. OLLI members are at the center of our vibrant, sustainable future!

OLLI is all about you!

Live well. Learn forever.



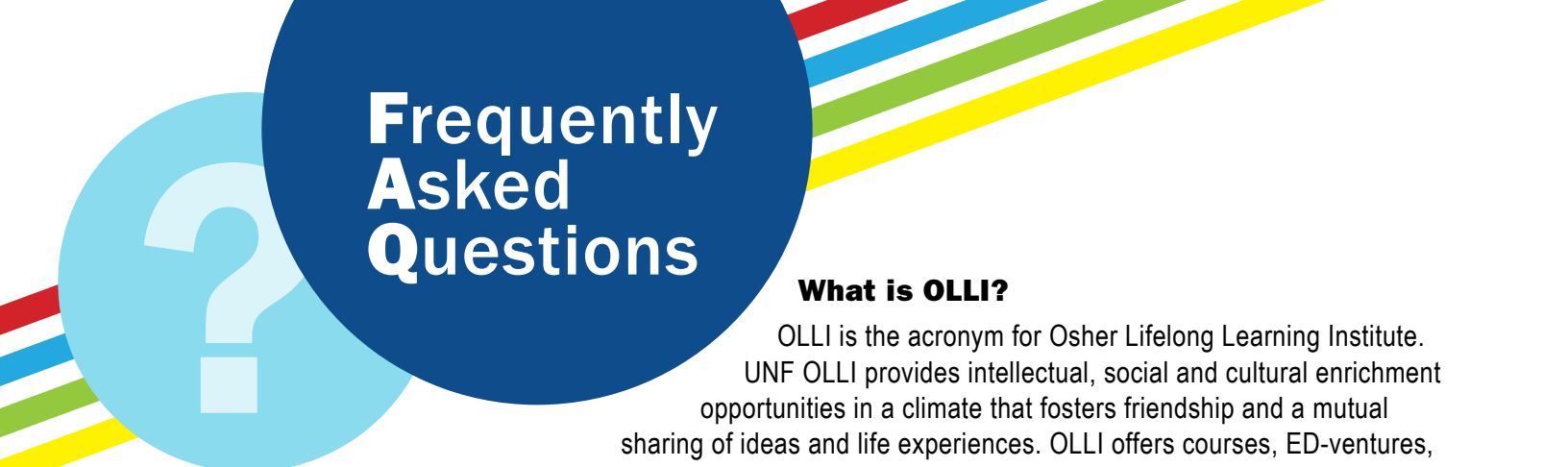
FALL SPEAKER SERIES

LOCATION & DAY



WESTMINSTER WOODS (Julington Creek)	FLEET LANDING (Mayport Road)	GLENMOOR (World Golf Village)	UNIVERSITY OF NORTH FLORIDA (University Center)
First Friday of each month 1:30 – 3 p.m.	Second Thursday of each month 11 a.m. – 12:30 p.m.	Second Friday of each month 1:30 – 3 p.m.	Third Friday of each month 1:30 – 3 p.m.
SEPTEMBER 7 OLLI Fall Showcase EMILY LISSKA Jacksonville History	SEPTEMBER 13 OLLI Fall Instructor Showcase Special Time 10 - 11:30 a.m.	SEPTEMBER 14 OLLI Fall Showcase ANNLEE ALLEY My Florida Pioneer Family	SEPTEMBER 12 OLLI Fall Showcase Special Time 1 - 3 p.m.
OCTOBER 5 IRENE JAFFA Daughter of the Holocaust	OCTOBER 11 JOHN DAIGLE Dissecting Political Ads: What Are They Really Trying to Say?	OCTOBER 12 CLAY MEUX, ESQ. Elder Law Issues	OCTOBER 1 CLAY MEUX, ESQ. Elder Law Issues
NOVEMBER 2 NANCY KEMNER Elder Law Issues	NOVEMBER 8 IRENE JAFFA Daughter of the Holocaust	NOVEMBER 9 BRUCE BARCELO Emerging Democracies	NOVEMBER 16 ANNLEE ALLEY My Florida Pioneer Family
DECEMBER 7 JIM NEWMAN State of the Economy	DECEMBER 13 JIM NEWMAN State of the Economy	DECEMBER 14 JIM NEWMAN State of the Economy	DECEMBER 21 JIM NEWMAN State of the Economy

Fall Speaker Series events are free to attend. Please RSVP in advance for yourself and guests by calling (904) 620-4200 or visiting www.unfolli.com.



Frequently Asked Questions

What is OLLI?

OLLI is the acronym for Osher Lifelong Learning Institute. UNF OLLI provides intellectual, social and cultural enrichment opportunities in a climate that fosters friendship and a mutual sharing of ideas and life experiences. OLLI offers courses, ED-ventures, Speaker Series programs and other special events. OLLI is a year-round, member-centered, member-led, member-staffed program for those 50 years and better in Northeast Florida. UNF OLLI enjoys national status as one of 117 college-affiliated OLLIs across the country that receives funding from The Bernard Osher Foundation. To learn more visit www.osherfoundation.org.

How do I become an OLLI member?

You may join online at www.unfolli.com, call our terrific Customer Care Team at (904) 620-4200 or visit our offices at UNF University Center. Your membership is renewable annually from the day you join.

I am an OLLI member. Where are courses offered?

Courses are offered at UNF and three partner sites: Fleet Landing, Glenmoor, and Westminster Woods on Julington Creek. Free parking is provided at all sites. At UNF, classes are held at University Center Building 43. Fleet Landing and Glenmoor are gated communities. Guards at the gates will direct you to the buildings where OLLI events are held. At Westminster Woods, it is best to drive to the Administration Building and allow the receptionist to direct you.

To obtain directions, go online to www.unfolli.com and click on the name of the course. Look for the location and then click the "Map It!" link.

I am not an OLLI member. Is there a way that I can find out if I might like OLLI programs?

Membership is not required to attend OLLI's Speaker Series programs. These are designed to promote awareness of OLLI's programming opportunities in the community.

What are the benefits of an OLLI membership?

Membership is a prerequisite for most but not all OLLI programming. Membership provides access to OLLI courses, OLLI ED-ventures, programs in the Speaker Series and other benefits.

- OLLI courses are offered throughout the year. Members have access to more than 250 courses and ED-ventures annually. Our fall and winter terms are our largest sessions with a current average of 70 courses each. In spring we typically offer between 40 and 50 courses. We publish catalogs for each of the three terms. We have just begun to offer summer courses. These are promoted via www.unfolli.com and e-mail messages sent to all members. Courses can be as short as one session or may span several months. They are offered throughout the week at various times of the day. The Curriculum Team plans and designs the courses for each session.
- OLLI ED-ventures are out-of-classroom learning opportunities. ED-ventures include concerts and trips to area arts, culture, history, scientific, healthcare, government and commercial venues. Often these trips are preceded by one or more lectures to prepare students for the out-of-classroom experience. Occasionally ED-ventures may also provide an opportunity for longer trips away from our area that last several days. The ED-ventures Team develops and coordinates these unique learning opportunities.
- Speaker Series are programs on a variety of interesting topics held each month at UNF and at our partner sites. There is no charge for attendance but reservations are required since there may be space limitations. The Speaker Series Team plans and coordinates these program offerings.

- Other benefits provided by OLLI membership include free parking at the UNF University Center, borrowing privileges at UNF's Carpenter Library, and discounts at UNF's Aquatic Center, GolfPlex and other facilities. In addition, UNF OLLI promotes free programs of interest to members that are offered by UNF, its partners and by OLLI's partner sites.

I am interested in teaching a course, proposing a course topic or referring a prospective instructor to OLLI. How can I do that?

OLLI's Curriculum Team plans the courses for each term. There are a variety of ways to communicate your ideas. If you are enrolled in a course, the evaluation at the end of the session provides an area for your feedback. If you do not have access to the online evaluations, you may contact Nancy Lundgren, Curriculum Team Leader at unfollicurriculum@gmail.com or OLLI Director Jeanette Toohey at jeanette.toohey@unf.edu or (904) 620-1159.

I am interested in volunteering. How can I explore available opportunities?

Members of the Leadership Council communicate their need for volunteers to the Volunteer OLLI Coordinator (VOLLI), who, in turn, interviews prospective volunteers to learn about their interests, backgrounds and skills. The VOLLI then refers the volunteer to the appropriate team leader. UNF OLLI is grateful to its volunteers for their investment of time and talent and remains committed to providing them with enjoyable, satisfying and rewarding volunteer experiences.

For more information, please contact Dorothy Dobbs VOLLI Coordinator at unfvolli@gmail.com.

How is OLLI associated with UNF?

OLLI is one of nine programs in UNF's Division of Continuing Education, the premier provider of lifelong learning, workforce development and enrichment experiences. The OLLI Director reports to the Director of Continuing Education who, in turn, reports to the Dean of Continuing Education.

How is UNF OLLI governed?

UNF OLLI is governed by a Leadership Council comprised of volunteers with significant experience in the organization as students, instructors and volunteers. The council as a whole is responsible for ensuring UNF OLLI's sustainability and growth, as well as making sure that it remains responsive to wishes and needs of its members.

Each member of the Leadership Council has a specific set of responsibilities. The council consists of a president who represents members, a president-elect, the immediate past-president, leaders of the Curriculum, ED-ventures and Member Relations teams, twelve at-large members, representatives from UNF OLLI's partner campuses and the OLLI Director.






UPCOMING COURSES BY LOCATION & DAY

Holiday Cheer:
Jacksonville Historical Society's
Gingerbread Extravaganza • Page 18



MONDAY at UNF


- 10.....**MS Office Excel for Beginners**
Sept. 24 – Oct. 15, 9:30 – 11 a.m.
- 10.....**Stock Market Fundamentals**
Sept. 24 – Oct. 29, 9:30 – 11 a.m.
- 11.....**Understanding Your iPhone**
Oct. 1, 9:30 – 11 a.m.
- NEW** 11.....**Challenging Roles in Our Second Adult Life**
Oct. 1 – Oct. 22, 9:30 – 11 a.m.
- NEW** 11.....**Observations of a Long-Term Portfolio Manager**
Oct. 1 – Oct. 22, 9:30 – 11 a.m.
- NEW** 11.....**Art of the Bargain**
Oct. 8, 9:30 – 11 a.m.
- 12.....**What the Heck Is a Blog?**
Oct. 15, 9:30 – 11 a.m.
- NEW** 12.....**Introduction to Digital Cameras**
Oct. 22, 9:30 – 11 a.m.
- NEW** 12.....**Economic Themes for the 2012 Election**
Oct. 22 – Oct. 29, 9:30 – 11 a.m.
- NEW** 12.....**St. Augustine Lighthouse and Museum**
ED-venture 
Dec. 3, 11 a.m. – 2 p.m.
- NEW** 13.....**Learn to Use Your iPad**
Oct. 1, 11:30 a.m. – 1 p.m.
- 13.....**eBay Basics**
Oct. 8, 11:30 a.m. – 1 p.m.
- 13.....**How to Build a Website**
Oct. 15, 11:30 a.m. – 1 p.m.
- NEW** 13.....**The Windows Control Panel**
Oct. 22, 11:30 a.m. – 1 p.m.
- NEW** 13.....**Aesthetic: Can You Say It, Spell It and Do It?**
Sept. 7 – Sept. 24, 1:30 – 3 p.m.
- NEW** 13.....**The British Canonical Poets I: Shakespeare's Sonnets**
Sept. 24 – Oct. 22, 1:30 – 3 p.m.
- 14.....**The Influence of Childhood Messages**
Sept. 24 – Oct. 1, 1:30 – 3 p.m.
- NEW** 14.....**Aesthetic: Can You Say It, Spell It and Do It?**
Oct. 8 – Oct. 15, 1:30 – 3 p.m.
- NEW** 14.....**Across and Down: Crosswords 101**
Oct. 29 – Dec. 10, 1:30 – 3 p.m.
- NEW** 14.....**Discussing the New Yorker**
Sept. 24 – Dec. 3, 3:30 – 5 p.m.

Across and Down:
Crosswords 101 • Page 14





TUESDAY at UNF

- 15.....**Current Events**
Sept. 4 – Dec. 11, 9:30 – 11:30 a.m.
- 15.....**Computer Help**
Sept. 25, 9:30 – 11 a.m.
Oct. 2, 9:30 – 11 a.m.
Oct. 9, 9:30 – 11 a.m.
Oct. 16, 9:30 – 11 a.m.
- NEW** 15.....**Surfing the Arts**
Sept. 25 – Nov. 13, 9:30 – 11 a.m.
- 15.....**Pressure Point Pain Relief Strategies, Theraband Exercises and Stretching**
Oct. 2, 9:30 – 11 a.m.
- NEW** 15.....**More than a Piece of Ribbon & a Piece of Metal: A Short History of U.S. Military Awards, Medals and Decorations**
Oct. 16 – Oct. 23, 9:30 – 11 a.m.
- NEW** 16.....**The Art of Storytelling**
Oct. 16 – Nov. 6, 9:30 – 11 a.m.
- NEW** 16.....**Intermediate Woodcarving**
Oct. 16 – Nov. 27, 9:30 – 11 a.m.
- 16.....**Beginning Bridge**
Oct. 9 – Dec. 4, 10 a.m. – noon
- NEW** 16.....**Discover the Sally Corporation**
ED-venture 
Sept. 11, 11 a.m. – 1:30 p.m.
- NEW** 17.....**Open-Focus Brain Training for Golfers (and Others!)**
Sept. 25 – Oct. 16, 11:30 a.m. – 1 p.m.
- NEW** 17.....**A Travel Guide to India**
Sept. 25 – Oct. 16, 11:30 a.m. – 1 p.m.
- NEW** 17.....**Extraordinary Lives of Exceptional Women**
Oct. 23 – Dec. 4, 11:30 a.m. – 1 p.m.

- NEW** 18.....**Understanding Our World: Birth and Demise of the Arab Civilization (72 A.D. - 2020)**
Oct. 23 – Dec. 4, 11:30 a.m. – 1 p.m.
- 18.....**Your Table, Your History: Writing Your Family Cookbook**
Nov. 6, 11:30 a.m. – 1 p.m.
- NEW** 18.....**Holiday Cheer: Jacksonville Historical Society's Gingerbread Extravaganza**
Dec. 11, noon – 3 p.m.
- 18.....**Intermediate Bridge**
Oct. 9 – Dec. 4, 1 – 3 p.m.
- 19.....**Speaking of African American Music**
Sept. 25 – Oct. 16, 1:30 – 3 p.m.
- NEW** 19.....**Beginning Crochet**
Sept. 25 – Oct. 23, 1:30 – 3 p.m.
- NEW** 19.....**Blog Ideas: 25 Ideas for Sharing What's On Your Mind**
Sept. 25 – Oct. 30, 1:30 – 3 p.m.
- NEW** 19.....**What in the World is Happening?**
Oct. 9 – Nov. 13, 1:30 – 3 p.m.


TUESDAY, WEDNESDAY & THURSDAY at UNF

- NEW** 19.....**Elder Law Basics**
Sept. 25 – Sept. 27, 11:30 a.m. – 12:30 p.m.

WEDNESDAY at UNF

- 20.....**Understanding Maturing Eyes and Vision**
Sept. 26 – Oct. 17, 9:30 – 11:30 a.m.
- NEW** 20.....**Travels with Ginny**
Sept. 26 – Oct. 31, 9:30 – 11 a.m.
- NEW** 20.....**Two Novels About Rascally Old Men**
Sept. 26 – Nov. 14, 9:30 – 11:30 a.m.

WEDNESDAY at UNF continued

- NEW** 20..... **Basic Judaism**
Oct. 3 – Nov. 7, 10:30 a.m. – noon
- 21..... **Football Strategy**
Sept. 26 – Nov. 17, 11:30 a.m. – 1 p.m.
- 21..... **Current Events**
Sept. 26 – Dec. 12, 11:30 a.m. – 1 p.m.
- NEW** 21..... **Understanding Islam - The Faith and Its Practices**
Oct. 3 – Nov. 21, 11:30 a.m. – 1 p.m.
- NEW** 21..... **A Look at Modern Physics**
Oct. 3 – Oct. 24, 11:30 a.m. – 1 p.m.
- 22..... **Behind the Scenes: The Jacksonville Arboretum and Gardens**
ED-venture 
Oct. 24 – Nov. 7, 11:30 a.m. – 1 p.m.
Nov. 14, 10 a.m. – noon
- 22..... **The Big Bands: A Sentimental Journey**
Sept. 26 – Nov. 28, 1:30 – 3 p.m.
- NEW** 22..... **That Used To Be Us: How America Fell Behind In the World It Invented and How We Can Come Back**
Sept. 26 – Nov. 28, 1:30 – 3 p.m.
- NEW** 22..... **Mysteries Unlimited: International**
Oct. 3 – Dec. 12, 1:30 – 3 p.m.
- NEW** 23..... **Let's Get Wild About the Jacksonville Zoo**
ED-venture 
Oct. 31 – Nov. 7, 1:30 – 3 p.m.
Nov. 14, noon – 3 p.m.
- NEW** 23..... **Voting Rights & Wrongs: An Historical Overview**
Sept. 26 – Oct. 31, 1:30 – 3:30 p.m.
- 23..... **The String Theory - Learn to Knit**
Sept. 26 – Nov. 7, 1:30 – 3:30 p.m.
- 23..... **Estate Planning**
Sept. 26 – Oct. 3, 3:30 – 4:30 p.m.
- NEW** 24..... **Caring for an Aging Parent**
Oct. 17, 3:30 – 4:30 p.m.
- NEW** 24..... **Designing and Managing an Investment Portfolio**
Oct. 31 – Nov. 7, 3:30 – 4:30 p.m.

THURSDAY at UNF

- NEW** 24..... **From Blitzkrieg to VE Day and Update of World War II**
Sept. 27 – Dec. 6, 9:30 – 11 a.m.
- 24..... **A View of the Criminal Justice System**
Sept. 27 – Nov. 1, 9:30 – 11 a.m.
- 25..... **Basics of Making Bead Jewelry**
Oct. 18 – Nov. 8, 9:30 – 11 a.m.
- 25..... **Travel Sketching 101**
Sept. 27 – Oct. 8, 10 a.m. – noon
- 25..... **Henri de Toulouse-Lautrec and the Artists of the Moulin Rouge**
Oct. 25, 10 a.m. – 3 p.m.
- NEW** 25..... **James Joyce's "Ulysses": A Seminar of Inquiry**
Sept. 27 – Nov. 1, 11:30 a.m. – 1 p.m.
- NEW** 26..... **Jazz and the Great American Song Book**
Sept. 27 – Nov. 1, 11:30 a.m. – 1 p.m.
- NEW** 26..... **French Reading and Discussion: "Le Petit Prince" by Antoine de Saint-Exupéry**
Nov. 1 – Dec. 13, 11:30 a.m. – 1 p.m.
- NEW** 26..... **The Civil Rights Movement: Jacksonville's 1960 Sit-Ins and Ax Handle Saturday**
Nov. 15 – Dec. 6, 11:30 a.m. – 1 p.m.
- NEW** 26..... **The Metropolitan Opera Lectures**
Begins Oct. 4, 1 – 3 p.m.
- NEW** 27..... **Beginning Instrumental Music**
Sept. 27 – Dec. 13, 1:30 – 3 p.m.
- NEW** 27..... **Writing Your Life Story**
Sept. 27 – Oct. 18, 1:30 – 3 p.m.
- 27..... **Children's Literature for Grandparents**
Nov. 8, 1:30 – 3 p.m.

FRIDAY at UNF

NEW 28..... **Discovering Your Creativity in Mid-Life and Beyond**
Sept. 28 – Oct. 12, 9:30 – 11 a.m.

NEW 28..... **Guana Tolomato Matanzas National Estuarine Reserve**

ED-venture ➡

Oct. 12, 10 a.m. – 2 p.m.

NEW 28..... **Successful Life Transitions**
Oct. 26 – Nov. 9, 9:30 – 11 a.m.

NEW 28..... **Essential French Grammar and Readings (Part 8)**
Oct. 26 – Dec. 14, 10 – 11:30 a.m.

NEW 28..... **Beaches Museum and Historical Park**

ED-venture ➡

Nov. 9, 11:30 a.m. – 3 p.m.

FLEET LANDING ▼

Monday

NEW 29..... **What to Ask Your Doctor**
Oct. 29 – Nov. 5, 1 – 2:30 p.m.

Tuesday

29..... **From Versailles to Blitzkrieg**
Oct. 23 – Nov. 20, 1 – 2:30 p.m.

Wednesday

NEW 29..... **Managing Chronic Pain**
Oct. 24 – Nov. 14, 10 – 11 a.m.

GLENMOOR ▼

Tuesday

30..... **Facets of Florida**
Sept. 25 – Oct. 2, 10 – 11:30 a.m.

30..... **IT IS Going to Rain Today, But WHY?**
Oct. 16 – Nov. 13, 9:30 – 11 a.m.

NEW 30..... **Understanding Your Tablet Computer**
Dec. 4 – Dec. 18, 10 – 11:30 a.m.

WESTMINSTER WOODS ON JULINGTON CREEK ▼

Thursday

31..... **Current Events**
Oct. 4 – Dec. 20, 1 – 3 p.m.

**IT IS Going to Rain Today,
But WHY?** • Page 30

Fall Session

UNF UNIVERSITY CENTER



12000 Alumni Drive, Jacksonville, Florida 32224



OLLI Fall Showcase

Wednesday, September 12
1 – 3 p.m.

Members & Non-Members welcome!
FREE to attend, but please register in advance.

Monday ▼

9:30 to 11 a.m.

MS OFFICE EXCEL FOR BEGINNERS

Sept. 24 – Oct. 15, 9:30 – 11 a.m.

4 sessions \$25

Have you ever wanted to create a worksheet to include budget, income and expense for tracking and comparison purposes? If so, this is the course for you. Learn the basics of a spreadsheet by using MS Office Excel. At the end of this course, you will be able to create spreadsheets for personal use or for your office.

Instructor: Margie Begley, p. 32

STOCK MARKET FUNDAMENTALS

Sept. 24 – Oct. 29, 9:30 – 11 a.m.

6 sessions \$35

This course is for students who want to learn the basics of the stock market and to communicate in the language of the market. It includes an explanation of the different types of markets and investments, as well as an elementary discussion of economics that apply to investments. Learn how to evaluate a stock using fundamental and technical analysis and how to understand a stock's financials. This course gives you an opportunity to have questions answered without a sales pitch. No individual investment advice will be given.

Recommended materials: The instructor has prepared materials that you will receive free via email or you may purchase them for \$10 plus postage.

Instructor: Harry Yoffee, p. 40

UNDERSTANDING YOUR iPhone

Oct. 1, 9:30 – 11 a.m.

1 session \$7

Everyone seems to have an iPhone these days, but do you really know its potential? Does it seem to do things “on its own” that just drive you crazy? If so, then this is the class for you! Learn the basics of how to use your iPhone. We cover many apps as well as maps, phone, messages, calendar, mail, iPod and so much more.

Requirement: Bring your iPhone 3G, 3GS or 4 to class.

Recommended materials: Elizabeth has written a book to help with after class Internet adventures. It will be available for purchase at the end of the session.

Instructor: Elizabeth Hammond Pamplone, p. 38

NEW CHALLENGING ROLES IN OUR SECOND ADULT LIFE

Oct. 1 – Oct. 22, 9:30 – 11 a.m.

4 sessions \$25

This four-session series focuses on the challenges we face in our roles as a parent of adult children, a grandparent, an in-law and a spouse. We look at some of the most common problem areas that come up when we are in those roles and explore opportunities to address them. Participants will be invited to share their experiences in a supportive and safe environment in the hope that each participant will find the sessions beneficial.

Instructor: Kathleen Triebwasser, p. 40

NEW OBSERVATIONS OF A LONG-TERM PORTFOLIO MANAGER

Oct. 1 – Oct. 22, 9:30 – 11 a.m.

4 sessions \$25

Maximum 12 students

How is investing defined? This interactive course will explore investment objectives, risk management, asset allocation, portfolio diversification, liquidity, and expected returns by asset category, including stocks and preferred stocks, fixed income, commodities, annuities, alternatives and international exposure.

Instructor: L. McGehee Porter, p. 38

NEW ART OF THE BARGAIN

Oct. 8, 9:30 – 11 a.m.

1 session \$7

Ever wonder how your friends and relatives find those great deals online? Well, let this class take the mystery out of online bargain hunting. Want to stay at a 4 star hotel for \$50 per night? Want to get a \$40 meal for \$17? What about a mani/pedi at Sawgrass Marriott for under \$20? All of these bargains and more can be found in this class. Learn how to expertly navigate the world of online bargain hunting!

Instructor: Elizabeth Hammond Pamplone, p. 38



••• The Art of the Bargain •Page 11



**For the latest OLLI
updates, visit us at
www.unfolli.com**

WHAT THE HECK IS A BLOG?

Oct. 15, 9:30 – 11 a.m.

1 session \$7

Have you wondered what people mean when they say “Visit my blog”? Wonder no more. The dictionary defines a blog as a Web site that contains an online personal journal with reflections, comments and often hyperlinks provided by the writer. In this class, students will learn how to start a blog. Students with blogs learn ways to enhance them by adjusting the appearance and editing to make the text more inviting. What are the topics you want to blog about? Who is your audience? How does this matter when it comes to inviting others to your blog?

Recommended purchase: The instructor’s blogging manual will be available for purchase at the end of the class.

Instructor: Elizabeth Hammond Pamplone, p. 38

NEW INTRODUCTION TO DIGITAL CAMERAS

Oct. 22, 9:30 – 11 a.m.

1 session \$7

There are so many buttons and gadgets on today’s point and shoot cameras. But who reads the manual? Did your camera even come with one? This class will teach you how to get the most out of your digital camera as well as how to take better pictures that will be the envy of everyone. But wait, you have an SLR camera. No worries! This class is for you too. It is a great starting point for those who are just getting into the expanded digital world of the SLR camera. A lot of the features are the same, believe it or not.

Instructor: Elizabeth Hammond Pamplone, p. 38



Introduction to Digital Cameras • Page 12

NEW ECONOMIC THEMES FOR THE 2012 ELECTION

Oct. 22 – 29, 9:30 – 11 a.m.

2 sessions \$15

Maximize your understanding of the most important economic themes going into the 2012 national election. Some of the issues to be covered will include a comparison of the economic platforms of the two political parties, the European economic situation and its impact on the U.S., a dissection of the economic condition of the country and likely legislative changes going forward, the financial regulatory environment in the U.S. and why we continue to experience major corporate malfeasance, and other topics like the tax code, distributive vs. corporate economics and other key economic factors.

Instructor: Joseph Steinman, p. 39

11 a.m. to 2 p.m.

NEW ST. AUGUSTINE LIGHTHOUSE AND MUSEUM

ED-venture

Dec. 3, 11 – 2 p.m.

1 session \$25

Discover what goes on behind the scenes at the museum. This program provides you with exclusive access to parts of the historic light station not available with general admission tickets. The tour includes the maritime archaeology artifact conservation lab, where participants will view authentic shipwreck artifacts recently recovered from the ocean floor and learn how archaeologists conserve these invaluable resources. You will investigate the history of the St. Augustine Lighthouse, which includes a glimpse of life as a lighthouse keeper in the late 1800s at the Keepers’ House museum. Your tour will end with the opportunity to climb the lighthouse and enjoy the view from 140 feet above ground.

After your tour you will enjoy a Dutch treat lunch at the award winning Gypsy Cab Company (www.gypsycab.com) just a few steps away from the museum. Why not enjoy the area’s seasonal decorations and holiday shopping after lunch?

Coordinator: Howard Taylor, ED-ventures Team Leader

11:30 a.m. to 1 p.m.

NEW LEARN TO USE YOUR iPad

Oct. 1, 11:30 a.m. – 1 p.m.

1 session \$7

The iPad is a popular tablet computer with amazing potential. Do you have more questions than answers about your iPad? Sign up for this class to learn the basics and much more.

Instructor: Elizabeth Hammond Pamplone, p. 38

eBAY BASICS

Oct. 8, 11:30 a.m. – 1 p.m.

1 session \$7

Want to turn your trash into CA\$H? Well this class is for you! Someone could want that old lamp that your great aunt left you or that broken DVD player with only the power cord and remote. It's true these things will sell on eBay, the online community of buyers and sellers who are rated on a number of different criteria. You can buy or sell anything on eBay. This class walks you through the process of registering for eBay and PayPal - a secure online money transfer site, and selling an item and listing a book on half.com - an eBay affiliate.

Instructor: Elizabeth Hammond Pamplone, p. 38

HOW TO BUILD A WEB SITE

Oct. 15, 11:30 a.m. – 1 p.m.

1 session \$7

A lot of people think they can create a Web site themselves. You can! This class focuses on growing a Web site out of a blog. It's simple and easy to update and change at a moment's notice. This class gives you the tools to get started with your own Web site garden. If a Web site is in your future for any reason at all, this class is for you.

Instructor: Elizabeth Hammond Pamplone, p. 38

NEW THE WINDOWS CONTROL PANEL

Oct. 22, 11:30 a.m. – 1 p.m.

1 session \$7

This is a course for those computer literate people who know just enough to be dangerous. Learn your way around your computer, networking, device managers, administrative tools, default programs, troubleshooting, etc. by learning what is accessible through your control panel.

Instructor: Elizabeth Hammond Pamplone, p. 38

1:30 to 3 p.m.

NEW AESTHETIC: CAN YOU SAY IT, SPELL IT AND DO IT?

Sept. 7 and Sept. 24, 1:30 – 3 p.m.

2 sessions \$15

Participants will engage in a variety of creative and aesthetic experiences to find and build interest, leaving with a variety of self-expression exercises to do on their own time. It is a fun and easy way to get into playing with materials, color and design. Each of these two-session courses is unique. This session focuses on the theme of "Fall in View" and the expression of Fall sensations. It is not necessary to be artistic to benefit from this course. An interest to create and express is all that's needed to join the group.

Required supplies: Please bring pieces of yarn, string, ribbon or other fibers as your art supplies.

Instructor: Elaine Omann, p. 38

NEW THE BRITISH CANONICAL POETS I: SHAKESPEARE'S SONNETS

Sept. 24 – Oct. 22, 1:30 – 3 p.m.

5 sessions \$30

This is the first in a series of courses planned with a focus on the canonical British poets from Shakespeare to Eliot. Each course will focus on one specific poet who best represents the particular literary period to which he belongs.

Instructor: Alexander Weiss, p. 40

THE INFLUENCE OF CHILDHOOD MESSAGES

Sept. 24 – Oct. 1, 1:30 – 3 p.m.

2 sessions \$15

What motivates your life decisions and patterns for living? This class focuses on how messages from childhood have a positive or negative effect on adult choices and quality of life, and ways to develop personal awareness to correct these limiting beliefs.

Characters in the memoir, “Silent Echoes,” provide case studies for discussion to illustrate this process. Students are encouraged to read “Silent Echoes” prior to the first class.

Recommended book: “Silent Echoes” by Marilyn Fowler - available at Amazon.com.

Instructor: Marilyn Fowler, p. 34

NEW AESTHETIC: CAN YOU SAY IT, SPELL IT AND DO IT?

Oct. 8 – Oct. 15, 1:30 – 3 p.m.

2 sessions \$15

Participants will engage in a variety of creative and aesthetic experiences to find and build interest, leaving with a variety of self-expression exercises to do on their own time. It is a fun and easy way to get into playing with materials, color and design. Each of these two-session courses is unique. This session focuses on the theme of “Shadows” – where are they and how do you create them? It is not necessary to be artistic to benefit from this course. An interest to create and express is all that’s needed to join the group.

Required supplies: Please bring colored pencils and drawing paper.

Instructor: Elaine Omann, p. 38

NEW ACROSS AND DOWN: CROSSWORDS 101

Oct. 29 – Dec. 10, 1:30 – 3 p.m.

6 sessions \$35

Fifty million people do it every week. Crossword puzzles first appeared in 1913. Come learn the crossword’s fascinating history as well as solving tips for the puzzles in The Florida Times-Union and The New York Times. Designed for both the beginner and experienced solver, this course will include a variety of puzzles including cryptic crosswords and even Sudoku. Come exercise your brain!

Instructor: Gwen Cordes, p. 33

3:30 to 5 p.m.

NEW DISCUSSING THE NEW YORKER

Sept. 24 – Dec. 3, 3:30 – 5 p.m.

10 sessions \$55

The New Yorker, a weekly magazine published since 1925, offers commentary, criticism, essays, fiction, poetry, satire and cartoons. Topics reach far beyond New York, covering national and international issues, politics and social matters, medicine, science and more. It also has reviews of music, dance, film, theatre, books and art. This self-directed course will aim to foster stimulating, thought-provoking, civil discourse in a relaxed environment. Each meeting will be led by one or two class members and focus on readings, typically between 20 and 40 pages, from one or more recent issues. Each lead team will announce the reading assignment two or more weeks prior to the meeting and give other details about the class format, which may vary.

Required: Participants must be reachable by e-mail in order to receive assignments and must also have access to the The New Yorker magazine.

Facilitators: New Yorker Facilitators, p. 37

9:30 to 11 a.m.

CURRENT EVENTS

Sept. 4 – Dec. 11, 9:30 – 11:30 a.m.

15 sessions \$95

In this lively, stimulating course, participants discuss topics of interest drawn from readings and other media of the day. Each week, participants bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

Facilitator: Howard Hodor, p. 35

COMPUTER HELP

Free member benefit, enrollment required for each session.

Sept. 25, 9:30 – 11 a.m., 1 session

Oct. 2, 9:30 – 11 a.m., 1 session

Oct. 9, 9:30 – 11 a.m., 1 session

Oct. 16, 9:30 – 11 a.m., 1 session

Each of these free sessions provides opportunities to visit the computer lab with a concern or question about your Mac or PC. Help is available for e-mail, downloads/uploads, basic Microsoft Word skills, and for iPods, iPhones and iPads. The instructor helps you with most computer issues. If you have the ability, you may bring in your lap top to demonstrate the problem and see how to make the right moves to affect a solution.

Instructor: Randi Loving, p. 36

NEW SURFING THE ARTS

Sept. 25 – Nov. 13, 9:30 – 11 a.m.

8 sessions \$45

When we surf the Internet, we get a little bit of everything. Using this premise, the course “surfs” a variety of arts, focusing on a different type for each session. Asking the question “What is art?” we will survey visual arts, music, dance, poetry, architecture and finally, film.

Instructor: Kenneth McMillan, p. 37

PRESSURE POINT PAIN RELIEF STRATEGIES AND THERABAND EXERCISES AND STRETCHING

Oct. 2, 9:30 – 11 a.m.

1 session \$7

Theraband exercises will be demonstrated to show stretching and strength building techniques that can be used in bed upon waking, or during the day while sitting or standing. Theraband exercises are the ultimate therapy tool to increase flexibility and muscle strength. Students have the option to practice the exercises during class. Pressure point relief strategies will be demonstrated by identifying trigger points and simple techniques to help relieve pain, including: headaches, sciatica and frozen shoulder. A brief orientation to charts on reflexology of hands will be provided.

Recommended: Please wear comfortable clothing for exercising.

Instructors: Marian Frech and Maria Dragoo, p. 34

NEW MORE THAN A PIECE OF RIBBON & A PIECE OF METAL: A SHORT HISTORY OF U.S. MILITARY AWARDS, MEDALS AND DECORATIONS

Oct. 16 – Oct. 23, 9:30 – 11 a.m.

2 sessions \$15

Did you ever hear of George Washington’s “Book of Names”? Did you know that America’s top military award has gone by the wrong name since its creation? Did you know that the United States had no military award system for 65 years?

Learn about these and many more interesting facts about U.S. military awards and decorations as well as the individuals who received them!

Instructor: Dean Veremakis, p. 40

**More Than a Piece
of Ribbon & a Piece
of Metal • Page 15**



NEW THE ART OF STORYTELLING

Oct. 16 – Nov. 6, 9:30 – 11 a.m.

4 sessions \$25

Would you enjoy learning the art of storytelling? We will discover how to capture resource material from diverse sources, lifetime memories, enhanced or embellished half-truths or other lies for potential stories.

Using these resources, we will craft such story material for the purpose of oral sharing experiences. You will acquire knowledge and skills associated with effective storytelling practice; recognize and value the art form as a means for inspiration, entertainment, healing, leadership, education, and guidance; and experience the phenomenon of bonding within the context of shared storytelling. Participants will enjoy class events designed to engage and entertain as they develop and share their stories within a warm and supportive environment.

Instructor: Jim Mittelstadt, p. 37

NEW INTERMEDIATE WOODCARVING

Oct. 16 – Nov. 27, 9:30 – 11 a.m.

7 sessions \$40

The intermediate and advanced woodcarvers will find a challenging opportunity if they take this class. The class will start with refresher safety instructions, project selection, a knife sharpening review, and all students will be required to have a UNF waver on file before they can carve. Students will generally work on their own and the instructor, a Master Carver, will be available to assist in all phases of project selection, design, carving, finishing and displaying. The class will include a detail description of carving knives for students wishing to add new knives. As a rule, no carving gloves or knives will be provided. Students will work at their own pace, completing at least one project before the end of the seven-week class.

Instructor: Glenn Ross, p. 39

10 a.m. to noon

BEGINNING BRIDGE

Oct. 9 – Dec. 4, 10 a.m. – noon (no class Oct. 30)

8 sessions \$60

Designed for those with a limited understanding of bridge concepts and play, this class introduces players to basic hand/card evaluation, bidding, play of the hand, defenses, and the language of bridge. Each session includes a lecture followed by game play.

Instructor: John Reeve, p. 39

11 a.m. to 1:30 p.m.

NEW DISCOVER THE SALLY CORPORATION

ED-venture ➡

Sept. 11, 11 a.m. – 1:30 p.m.

1 session \$10

Maximum 30 participants

Discover a local company that creates animatronic characters and theme park rides that crisscross the globe from Jacksonville's Museum of Science and History to an adventure park in Shenzhen, China. Join us for this tour and you will learn how they design, sculpt, fabricate, costume, script, light and control their creations. Founded in 1977, Sally Corporation is the global leader in its field!

Our tour will be followed by a Dutch treat lunch at River City Brewing Company. The menu is available online at www.rivercitybrew.com and there is plenty of free parking. If the weather's nice why not take a stroll after lunch along the St. Johns River and visit the newly refurbished Friendship Fountain, designed by local architect Taylor "Cinder" Hardwick?

Coordinator: Langston Harley, OLLI ED-ventures Team Member



For the latest OLLI updates, visit us at
www.unfolli.com

11:30 a.m. to 1 p.m.

**NEW OPEN-FOCUS BRAIN TRAINING
FOR GOLFERS (AND OTHERS!)**

Sept. 25 – Oct. 16, 11:30 a.m. – 1 p.m.

4 sessions \$25

Attentional flexibility is the sine qua non of successful golfers. Learn attentional flexibility as applied to the game of golf. Learn to manage the game's stressful moments through attentional flexibility. Class is a combination of lecture and experiential learning. Practice outside class is recommended for the most successful outcome.

Recommended material: Study compact disks will be available from the instructor for \$1 each.

Instructor: Martha Bennett, p. 32

NEW A TRAVEL GUIDE TO INDIA

Sept. 25 – Oct. 16, 11:30 a.m. – 1 p.m.

4 sessions \$25

India is a vast land offering a fascinating choice of many different travel options. You will learn about forts and palaces, history, spirituality and culture. Views of the spectacular mountain scenery will make you want to visit this beautiful and mysterious country.

Instructor: Roshan Massey, p. 36

**NEW EXTRAORDINARY LIVES
OF EXCEPTIONAL WOMEN**

Oct. 23 – Dec. 4, 11:30 a.m. – 1 p.m. (no class Nov. 20)

6 sessions \$35

Focusing on universal themes as reflected in the lives and legacies of notable women who defied convention and stereotype, this seminar format discussion group will be led and researched by both the facilitator and class participants. Formatted as an informal, round table exchange of ideas and information, each week's discussion will be co-facilitated by pre-selected class participants through the presentation of supplementary, independent research and questions to ponder.

Five pairs of women as diverse as Rosa Parks and Aung San Suu Kyi, Amelia Earhart and Dr. Sally Ride, Diane Arbus and Cindy Sherman, Hillary Rodham Clinton and Geraldine Ferraro, and Charlotte Perkins Gilman and Virginia Woolf will be distributed or referenced prior to each seminar. While there is no required textbook, independent reading, research and more than a nodding acquaintance with the Internet is strongly encouraged in order for all participants to be appropriately engaged. To keep topic selection as current as possible, and to ensure adequate preparation for group discussion, a final syllabus will be sent to registrants no later than one week prior to class beginning.

Facilitator: Lee Marshall, p. 36



Open-Focus Brain
Training for Golfers
(and Others!) • Page 17

NEW UNDERSTANDING OUR WORLD:
BIRTH AND DEMISE OF THE ARAB
CIVILIZATION (72 A.D. – 2020)

Oct. 23 – Dec. 4, 11:30 a.m. – 1 p.m. (No class Nov. 20)

6 sessions \$35

In the first six courses of the Understanding Our World series, we concentrated on economic patterns and the global effects of leading economic regions. This course examines the societal issues and other influencing factors such as education, science and religion that contribute to the creation and decay of whole civilizations.

Instructor: Jay Marshall, p. 36

**YOUR TABLE, YOUR HISTORY: WRITING
YOUR FAMILY COOKBOOK**

Nov. 6, 11:30 a.m. – 1 p.m.

1 session \$7

Recipe-based memoirs are a hot topic today. These annotated cookbooks include snippets of family history, essays, family photos, discussions of ethnic culinary roots and recipes. Putting such a tome together takes thought, interview skills, research skills and good recipe writing techniques. The end result will be a personal and cultural history to share with subsequent generations. In this workshop you will learn about the components of a family cookbook, high- and low-tech presentation ideas and the fundamentals of cookbook writing. Document your culinary heritage, and share it with friends and family!

Recommended book: “Roux Memories: A Cajun-Creole Love Story with Recipes” by Belinda Hulin (Lyons Press, 2010), approx. \$20, available at The Book Mark in Atlantic Beach, Barnes & Noble and www.amazon.com.

Instructor: Belinda Hulin, p. 35

noon to 3 p.m.

NEW HOLIDAY CHEER:
JACKSONVILLE HISTORICAL SOCIETY'S
GINGERBREAD EXTRAVAGANZA

Dec. 11, noon – 3 p.m.

1 session \$10 (per person tour only)

ED-venture ➡

Maximum 40 participants

Ignite your holiday spirit! Join us for a Dutch treat lunch at Springfield's Uptown Market followed by a tour of Jacksonville Historical Society's Gingerbread Extravaganza. This ever popular holiday display features a scavenger hunt among confectionary interpretations of some of our city's landmark buildings. Your admission includes a guided tour of the James E. Merrill House Museum all decked out for the holidays. You will also have special opportunities to learn about more about Jacksonville's history.

You are invited to bring special future OLLI members (your children, grandchildren, nieces and nephews) with you for this special intergenerational program. View Uptown Market's menu online at www.uptownmarketjax.com.

Coordinator: Howard Taylor, ED-ventures Team Leader

1 to 3 p.m.

INTERMEDIATE BRIDGE

Oct. 9 – Dec. 4, 1 – 3 p.m. (No class Oct. 30)

8 sessions \$60

Designed for those who have received previous instruction in the game, this course focuses on play of the hand, defense, and an introduction to the modern game's simple conventions. Class time consists mostly of actual card playing and assumes a basic understanding of bidding principles.

Instructor: John Reeve, p. 39



**Your Table, Your History:
Writing Your Family
Cookbook • Page 18**

1:30 to 3 p.m.

SPEAKING OF AFRICAN AMERICAN MUSIC

Sept. 25 – Oct. 16, 1:30 – 3 p.m.

4 sessions \$25

Enrich your knowledge of African American music. This is a series of four independent seminars, each focusing on a different aspect of African American music. Students will listen to, learn about and discuss the music fundamentals that form the distinctive sounds of this genre.

Recommended book: "African American Musical Heritage" by Lenard Bowie is available online from amazon.com, barnesandnoble.com and xlibris.com in hardcover, approx. \$84, paperback, \$75 and e-book, \$4. The set of compact discs are also available for \$27 from the same outlets.

Instructor: Lenard Bowie, p. 33

NEW BEGINNING CROCHET

Sept. 25 – Oct. 23, 1:30 – 3 p.m.

5 sessions \$30

Participants will learn how to crochet a simple project such as an afghan or shawl using single, double and treble stitches.

Required materials: The instructor will provide instructions to registrants about how to choose the acrylic yarn, crochet hook and pattern needed for this class.

Instructor: Susan Drain, p. 34

NEW BLOG IDEAS: 25 IDEAS FOR SHARING WHAT'S ON YOUR MIND

Sept. 25 – Oct. 30, 1:30 – 3 p.m.

6 sessions \$35

Blogging has become an international phenomenon. Sharing ideas online has brought out the writer in individual people who had no idea they had anything to say. In the wake of this incredible new medium, a development for sharing, teaching, expressing, influencing and making a difference has come forth. What we know now is that anyone can blog and those who have great experiences can offer a plethora of ideas that can be expanded and bring forth learning. Even you can be a blogger. This session offers 25 ideas for sharing "what's on your mind" in the world of cyberspace. Bloggers will participate by learning when, how and why to blog.

Instructor: Nan Ramey, p. 38

NEW WHAT IN THE WORLD IS HAPPENING?

Oct. 9 – Nov. 13, 1:30 – 3 p.m.

6 sessions \$35

Stretch beyond the headlines! This is current events class about politics utilizing audio-visual material as a springboard for research and discussion of relevant topics which could include: health care, global warming, congressional gridlock, unions, the Supreme Court and Citizens United, and election and post-election analysis, as well as other critical issues of the day.

Instructor: Shirley Ostholt Hinnau, p. 35

Tuesday – Wednesday – Thursday ▼

11:30 a.m. to 12:30 p.m.

NEW ELDER LAW BASICS

Sept. 25 – 27, 11:30 a.m. – 12:30 p.m.

3 consecutive day sessions \$20

Anticipate your estate and long-term care planning needs. Participants of all ages will have the opportunity to review their own advance directives, wills, trusts and long-term care insurance policies, based on what they learn and discuss during class.

Instructor: Rebecca Berg, p. 32

Elder Law Basics • Page 19



9:30 to 11:30 a.m.

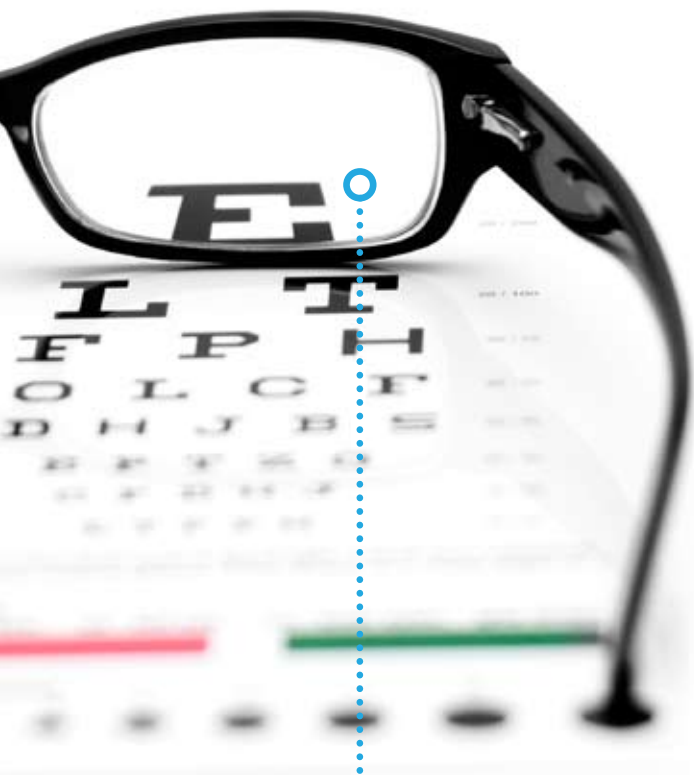
UNDERSTANDING MATURING EYES AND VISION

Sept. 26 – Oct. 17, 9:30 – 11 a.m.

4 sessions \$25

Your sense of sight begins its dynamic changes after age 40. First, “your arms get too short.” Then you begin to cope with decreasing quality of vision, especially at night and when driving. Hearing the words cataract, glaucoma, macular degeneration, etc., could become alarming. Understanding, at a layperson’s level, how human vision works helps to recognize the changes associated with maturing vision. We consider how to address these changes effectively and take preventive measures so that we can enjoy the benefits of today’s eye-care technologies and medical advances.

Instructor: Dr. Louis “Lou” Catania, p. 33



Understanding
Maturing Eyes
and Vision • Page 20

NEW TRAVELS WITH GINNY

Sept. 26 – Oct. 31, 9:30 – 11 a.m.

6 sessions \$35

Discover where Ginny has been lately! This class includes Ginny’s newest films from recent travel. She offers the unique experience of traveling around the world, visiting all seven continents. Traveling will be done via film, with movies that have been narrated and produced by Ginny. Class members will also be given an opportunity to share their own experiences.

Instructor: Virginia Roemhild, p. 39

NEW TWO NOVELS ABOUT RASCALLY OLD MEN

Sept. 26 – Nov. 14, 9:30 – 11:30 a.m.

8 sessions \$60

We read and discuss two novels. Both deal with the lives of rascally (to put it kindly) old men. “Shadow Country,” a National Book Award winner by Peter Matthiessen, is based on a real-life Florida man. The other, “Finn,” an Athenaeum Literary Award winner by Jon Clinch, is set in Mississippi and is about Huckleberry Finn’s father.

Required books: “Shadow Country” (The Modern Library, 2008), paperback \$16 and “Finn” (Random House, 2008), paperback \$15.

Instructor: Connie McAuliffe, p. 36

10 a.m. to noon

NEW BASIC JUDAISM

Oct. 3 – Nov. 7, 10:30 a.m. – noon

6 sessions \$35

Discover the distinctive characteristics of Judaism, the oldest monotheistic religion to survive into the present day. This course will explore both the religion and philosophy. Many aspects of Judaism have directly or indirectly influenced secular western ethics and civil society.

Instructor: Rabbi Eliezer Ben-Yehuda, p. 32

11:30 a.m. to 1 p.m.

FOOTBALL STRATEGY

Sept. 26 – Nov. 17, 11:30 a.m. – 1 p.m.

4 sessions \$25

For all of you avid football fans, get the real story from someone who has firsthand knowledge of the inner workings of football. This course provides insights from the coaching perspective into the strategies behind the game. An overall discussion of coaching philosophy, organizations and management styles is followed by detailed descriptions of the three major teams—offense, defense and special. When discussing offense, Coach Pasquale covers terminology, cadence, formations, personnel and use of films and tape. On defense he explains the terminology, position groups, use of personnel, types of defenses and film/tape usage. Special teams include a discussion of the strong convictions of team members, coordination with the head coach, personnel placement, evolution of staff and the use of film/tape. Pasquale also describes general team issues such as off-season training, scouting, the draft, trainers, facilities, travel arrangements and salary cap management. Participants gain a full understanding of the game of football. “Hike!”

Instructor: Larry Pasquale, p. 38

CURRENT EVENTS

Sept. 26 – Dec. 12, 11:30 a.m. – 1 p.m.

12 sessions \$65

In this lively, stimulating course, participants discuss topics of interest drawn from readings and other media of the day. Each week, participants bring at least one newsworthy article to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

Facilitator: Marianne Prichard, p. 38

NEW UNDERSTANDING ISLAM - THE FAITH AND ITS PRACTICES

Oct. 3 – Nov. 21, 11:30 a.m. – 1 p.m.

8 sessions \$45

This course will cover the basic beliefs of Muslims while providing a context for the events that shaped the beliefs and practices of Muslims worldwide. Emphasis will be placed on understanding normative Islam through the hermeneutics and exegesis of Islam’s sacred texts, primarily the Quran.

Recommended book: “The Qur’an – A Biography (Books That Changed The World)” by Bruce Lawrence (Atlantic Books, 2006).

Instructor: Parvez Ahmed, p. 32

NEW A LOOK AT MODERN PHYSICS

Oct. 3 – Oct. 24, 11:30 a.m. – 1 p.m.

4 sessions \$25

Stretch your knowledge! We will look at four key topics in modern physics including: quantum mechanics and relativity, building the periodic table from symmetry, nuclear physics and the four forces, and elementary particles. Student participation is expected and encouraged. No preparation is required.

Recommended book: “The Elegant Universe; Superstring, Hidden Dimensions, and the Quest for the Ultimate Theory” by Brian Green (W.W. Norton, 2000).

Instructor: Tom Collins, p. 33

••• Football Strategy • Page 21



BEHIND THE SCENES: THE JACKSONVILLE ARBORETUM AND GARDENS

Oct. 24 – Nov. 7 11:30 a.m. – 1 p.m.

3 sessions \$20

ED-venture 

Nov. 14, 10 a.m. – noon

1 session \$10

The Jacksonville Arboretum and Gardens is a 120-acre natural sanctuary in East Arlington known as “Jacksonville’s Hidden Jewel.” Within its boundaries, over two miles of walking trails meander through 13 distinct ecosystems. This course explores the wonders of the Arboretum with three 90-minute lectures followed by an ED-venture – a guided tour of this beautiful urban forest in the midst of our city. Topics include an introduction to the Arboretum, its flora and fauna and activities at the Arboretum. In addition to the instructor, an Arboretum board member and a naturalist will lead discussions.

Instructor: Gail Beveridge, p. 33

1:30 to 3 p.m.

THE BIG BANDS – A SENTIMENTAL JOURNEY

Sept. 26 – Nov. 28, 1:30 – 3 p.m. (no class Oct. 10)

9 sessions \$50

Come along on a sentimental journey through the history and music of the Big Band Era. Explore the era’s contribution to the war effort at home, overseas and behind the lines. From the early days with the Kansas City Night Hawks through the heyday of the 40s and the decline of the 50s, meet the leaders, musicians and vocalists that made up this musical period. Listen to the music and relive those great moments in music, radio and records.

Instructor: Joseph R. Fittipaldi, p. 34

NEW THAT USED TO BE US: HOW AMERICA FELL BEHIND IN THE WORLD IT INVENTED AND HOW WE CAN COME BACK

Sept. 26 – Nov. 28, 1:30 – 3 p.m.

10 sessions \$55

Discover the four challenges we face as a nation: globalization, the revolution in information technology, chronic deficits and excessive energy consumption, as well as the immediate remedies that could sustain the American dream and American power in the world. We will use the text to undertake both a searching exploration of our history and our condition today and a rousing manifesto for American renewal. Students are expected to read the class material and participate in the discussions.

Required reading: “That Used to Be Us” by Thomas Friedman and Michael Mandelbaum. Available at Amazon.com \$15.76, Kindle edition \$12.99.

Instructor: Bill Howes, p. 35

NEW MYSTERIES UNLIMITED: INTERNATIONAL

Oct. 3 – Dec. 12 1:30 – 3 p.m.,

6 sessions \$35 (alternate weeks)

Maximum 18 participants

The travel bug bit! The mystery readers’ class is again taking flight to far flung countries to read contemporary mystery and crime novels written by authors from the country or region. We become immersed in local history, culture and politics. We’re starting in Iceland with “The Day is Dark” by Yrsa Sagurdardottir. Then, we head to Latin America, Africa and Asia. A reading list and study guide will be provided. Libraries have limited quantities, so books may need to be purchased. We meet every other week to allow time for reading. Our last class is an open discussion to share favorite international detective novels.

Instructor: June Weltman, p. 40

**NEW LET'S GET WILD ABOUT
THE JACKSONVILLE ZOO**

Oct. 31 – Nov. 7 1:30 – 3 p.m.

ED-venture 

Nov. 14, noon – 3 p.m.

3 sessions \$25 (includes ED-venture)

Maximum 24 students

The class will offer three sessions, focusing on the general history of zoos, why they exist and how they operate. Come prepared to investigate the particular history of the Jacksonville Zoo, its animal culture and care, breeding programs, conservation and research efforts. The final session will involve an ED-venture to the Zoo with some sneak peeks behind the scenes. We will enjoy a Dutch treat lunch on the zoo's campus at noon on that day. Folks of all abilities are welcome to "visit the wild side."

Instructor: Marilyn Lawson, p. 36

1:30 to 3:30 p.m.

**NEW VOTING RIGHTS & WRONGS:
AN HISTORICAL OVERVIEW**

Sept. 26 – Oct. 31, 1:30 – 3:30 p.m.

6 sessions \$45

The scarcity of labor and widespread land ownership led to expanded voting rights in the British colonies along the Atlantic Coast of North America. After winning independence, newly formed states achieved universal manhood suffrage for white male citizens by 1840. Women sought suffrage in 1848 but it was 1920 before they gained the vote.

Their successful crusade occurred shortly after southern states had disenfranchised African Americans, but in 1965 passage of the Voting Rights Bill removed the barriers they faced and eventually lowered the voting age to eighteen.

Despite this expansion Americans fail to vote in percentages found in many modern democracies. The power of money in elections and the high cost of campaigning exclude many who would run for office. Women and minorities still confront additional obstacles. We will explore these issues through discussion of documents and readings that the instructor will send you by email and we will view one film that conveys the struggle women endured to win the vote.

Instructor: Shirley Leckie Reed, p. 38

THE STRING THEORY – LEARN TO KNIT

Sept. 26 – Nov. 7, 1:30 – 3:30 p.m.

7 sessions \$50

Are you bored watching ESPN? Learn to knit, and endure even baseball! This course is perfect for both the beginning knitter and those with more experience.

Required materials: Size 8 needles and one skein of yarn.

Instructor: Toni Enos and Sandy Ernsten, p. 34

3:30 to 4:30 p.m.

ESTATE PLANNING

Sept. 26 – Oct. 3, 3:30 – 4:30 p.m.

2 sessions \$15

Not your ordinary estate planning course! Usually when people think about estate planning, they think in terms of probate and estate taxes. Although this class covers those topics, it also includes basic items that most forget. During these two classes, we cover everything from continuation of income, IRA secession, social security and annuities to asset protection. Life changing issues such as long-term healthcare, losing a spouse and caring for an older parent are included.

Instructor: Jim Newman, p. 37



**Let's Get Wild About the
Jacksonville Zoo** • Page 23

NEW CARING FOR AN AGING PARENT

Oct. 17, 3:30 – 4:30 p.m.

1 session \$7

As we age, we can never know what is around the corner. Preparing for the unexpected is crucial. This class is a must for anyone who has older parents or just worried about preparing for seniorhood. The class will cover everything from caring for your parents or spouse, long term healthcare insurance, choosing a retirement community to protecting your property against incapacity and where to find community resources.

Instructor: Jim Newman, p. 37

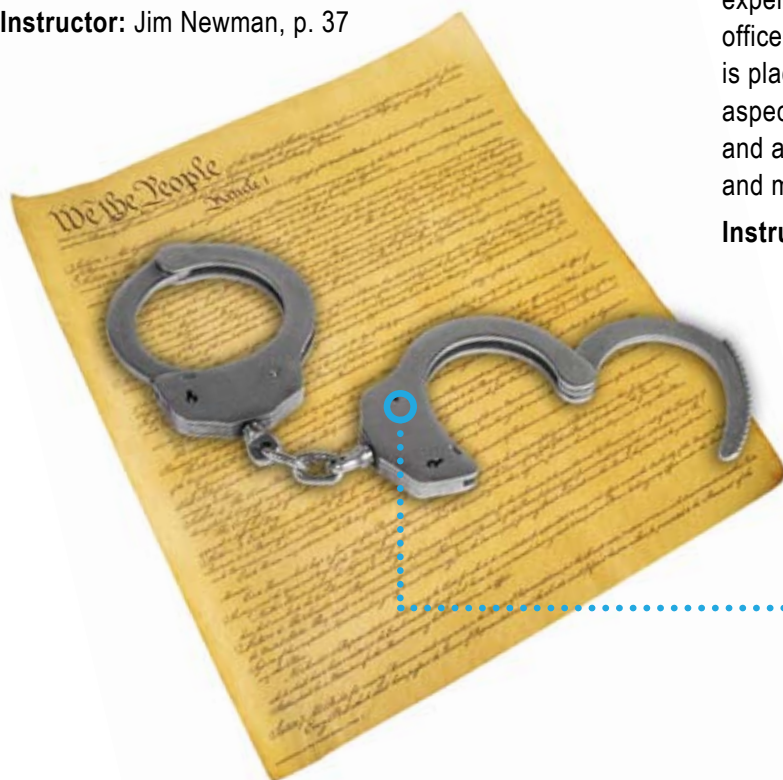
NEW DESIGNING AND MANAGING AN INVESTING PORTFOLIO

Oct. 31 – Nov. 7, 3:30 – 4:30 p.m.

2 sessions \$15

Maximize your basic understanding about investments. In this course we will cover the basics of investment planning, investment concepts and terms, investing for major financial goals, creating an investment portfolio, assessing risk, responding to market volatility, asset allocation, dollar cost averaging, six keys to more successful investing, investing in stocks and bonds, mutual funds, mutual fund basics and mutual fund share classes, other investments and taxation of investments.

Instructor: Jim Newman, p. 37



9:30 to 11 a.m.

NEW FROM BLITZKRIEG TO VE DAY AND UPDATE OF WORLD WAR II

Sept. 27 – Dec. 6, 9:30 – 11 a.m. (No class Nov. 22)

10 sessions \$55

World War II, the most cataclysmic, man-made event in history began with the blitzkrieg of Poland in 1939 and ended with the complete destruction of Germany and its European allies on May 8, 1945. This class will chronicle the events that lead to this climax in the European theater. In addition to the events shown in the Ken Burns movie, "The War," we will also discuss such major events as the blitzkriegs into Poland and France, the British retreat from Dunkirk, the Battle of Britain and the invasion of Russia that occurred before the US entered the war.

Recommended book: No specific texts are required. For those interested, William Shirer's "The Rise and Fall of the Third Reich" provides a succinct description of most of the events covered in the course.

Instructor: Wayne Heckrotte, p. 35

A VIEW OF THE CRIMINAL JUSTICE SYSTEM

Sept. 27 – Nov. 1 9:30 – 11 a.m.

6 sessions \$35

Learn about criminal trials through the personal experiences and stories of a former Chicago police officer, criminal attorney and judge. Special emphasis is placed on the Constitution and its impact on every aspect from detention and arrest, right to speedy trial and adequate defense, rules of evidence, trial by jury and much more.

Instructor: William O'Malley, p. 37

BASICS OF MAKING BEAD JEWELRY

Oct. 18 – Nov. 8, 9:30 – 11 a.m.

4 sessions \$25

Maximum 10 students

Learning a few basic techniques will have you making bead jewelry very quickly. In this class, you will create a necklace, earrings, a bracelet and try basic wire wrapping. Class time will be used to learn a technique and then practice it. You will receive many printouts describing materials and techniques. If you already know beading basics, this class might not interest you, or you can use your skills to help others in the class improve techniques.

Required materials: You will need to purchase beading tools, stringing materials and beads or use ones available in class.

Instructor: JoAnne Young, p. 40

10 a.m. to noon

TRAVEL SKETCHING 101

Sept. 27 – Oct. 18, 10 a.m. – noon

4 sessions \$30

Maximum 10 participants

Enjoy sketching a still life, a landscape and people in settings both indoors and out. At the first class learn how to make a simple sketchbook and get suggestions for packing art supplies for traveling. Some classes meet at cafes where students may stay for lunch. Mrs. Miller's philosophy of art echoes Renoir's, who said, "For me a picture should be something likable, joyous, and pretty. There are enough ugly things in life for us not to add to them." Perhaps this experience will invite you to add something "likable, joyous and pretty ... in life."

Recommended materials: Sketchbook and drawing supplies: pencil, pen, watercolors. You may wish to wait for suggestions given at the first class.

Instructor: Mary Ann Miller, p. 37

10 a.m. to 3 p.m.

HENRI DE TOULOUSE - LAUTREC AND THE ARTISTS OF THE MOULIN ROUGE

Oct. 25, 10 a.m. – 3 p.m.

1 session \$25

In 1889, during the Belle Époque era, Joseph Oller and his business partner, Charles Zidler, opened the Moulin Rouge (the red mill), a cabaret in the Montmartre district where upper-crust Parisians could escape the city and enjoy a riveting new dance — the can-can. We will explore the Moulin Rouge history and its impact on society, art and literature. We examine the works of Toulouse-Lautrec, discuss his fascination with Jane Avril, and learn about other artists who found inspiration in the decadence and grandeur of the Moulin Rouge. Bring your lunch!

Material fee: \$10 payable to instructor for authentic French snacks.

Instructor: Carol O'Dell, p. 37

11:30 a.m. to 1 p.m.

NEW JAMES JOYCE'S "ULYSSES": A SEMINAR OF INQUIRY

Sept. 27 – Nov. 1, 11:30 a.m. – 1 p.m.

6 sessions \$35

We will study the most influential novel of our time in a seminar format. The instructor will provide background information and we, as a group, will approach this difficult but wonderful novel.

Recommended book: "Ulysses" by James Joyce. Discussion of the text will begin in the first class.

Instructor: Walter Mattingly, p. 36

**NEW JAZZ AND THE GREAT
AMERICAN SONG BOOK**

Sept. 27 – Nov. 15, 11:30 a.m. – 1 p.m.

8 sessions \$45

Jazz icons from Louis Armstrong and Billie Holiday to John Coltrane and Keith Jarrett base their incomparable artistic creativity on the melodic, rhythmic and harmonic genius of America's legendary composers.

The improvisational greatness of jazz instrumentalists and vocalists agree that their base of creativity clearly comes from the lyrical wonder of Irving Berlin, Rogers and Hart, Jerome Kern, Cole Porter, and certainly Duke Ellington. The mix and match is magnificent.

Instructor: Bob Bednar, p. 32

**NEW FRENCH READING AND
DISCUSSION: "LE PETIT PRINCE"
BY ANTOINE DE SAINT-EXUPÉRY**

Nov. 1 – Dec. 13, 11:30 a.m. – 1 p.m. (No class Nov. 22)

6 sessions \$45

This course is specifically designed for students with intermediate or advanced knowledge of French through prior experience in college level courses or living in a French-speaking country. Students will critically study and discuss the French literary classic "Le Petit Prince" by Antoine de Saint-Exupéry. We will examine the profound and idealistic observations about life and human nature found in this literary work.

Required book: The French language edition of "Le Petit Prince" by Antoine de Saint Exupéry, available at amazon.com and barnesandnoble.com.

Instructor: Mireille "Mimi" Smith Threlkel, p. 40

**NEW THE CIVIL RIGHTS MOVEMENT:
JACKSONVILLE'S 1960 SIT-INS
AND AX HANDLE SATURDAY**

Nov. 15 – Dec. 6, 11:30 a.m. – 1 p.m. (No class Nov. 22)

3 sessions \$20

Transform your understanding of the civil rights movement in Jacksonville. Whether you were there, heard stories or know little about this time in history, this course will enlighten you and expand your awareness.

Instructor: Rodney Hurst, p. 35

1 to 3 p.m.

NEW THE METROPOLITAN OPERA LECTURES

Begins Oct. 4, 1 - 3 p.m.,

6 sessions \$45

Dates vary with the opera presentations, see below.

"The Metropolitan Opera Live in HD" series begins Oct. 13 and features five operas on various Saturdays through Dec. 15, 2012. On Thursday prior to each live broadcast, Mary Ellen Young presents a lecture on that Saturday's opera. The lectures include a survey of the historical and cultural aspects of the opera and an examination of the libretto and audio/video highlights. The lecture series begins with an introduction to opera. The operas are broadcast live from the stage of the Metropolitan Opera House at Lincoln Center in New York City directly to several hundred theaters world-wide, including the AMC Regency Square, Cinemark Tinseltown and Regal at The Avenues Mall in Jacksonville. Theater ticket fee not included.

Schedule:

- Introduction to Opera
Lecture: Oct. 4, 2012
- Donizetti: "L'Elisir d'Amore"
Lecture: Oct. 11; Opera: Oct. 13, 2012
- Verdi: "Otello"
Lecture: Oct. 25; Opera: Oct. 27, 2012
- Mozart: "La Clemenza di Tito"
Lecture: Nov. 29; Opera: Dec. 1, 2012
- Verdi: "Un Ballo in Maschera"
Lecture: Dec. 6; Opera: Dec. 8, 2012
- Verdi: "Aida"
Lecture: Dec. 13; Opera: Dec. 15, 2012

Instructor: Mary Ellen Young, p. 40



1:30 to 3 p.m.

NEW BEGINNING INSTRUMENTAL MUSIC

Sept. 27 – Dec. 13, 1:30 – 3 p.m.

12 sessions \$65

Have you always wanted to play a musical instrument? You will learn the basics of music theory and apply this to playing a recorder. Class will be both lecture and performance. Each class will feature some music theory, but the emphasis will be on playing the recorder.

Recommended: Participants should schedule weekly practice time.

Required materials: Basic recorder, approx. \$15 and “Alfred’s Essentials of Music Theory, Book 1, \$6.50.

Instructor: Richard Dickson, p. 34

NEW WRITING YOUR LIFE STORY

Sept. 27 – Oct. 18, 1:30 – 3 p.m.

4 sessions \$25

Participants are inspired to begin writing the story of their life and legacy. The course will offer a bullet list of practical steps for beginning the project, including a number of questions and suggestions to pique the memory and imagination. We will focus on class members and their lives, with a high level of participation and exchange of ideas.

In the first of four sessions students will be introduced to the genre, the first of which will be introductory and exploratory. Students will then be asked to explore their memories and do some research into their family/personal history and return with a “white page” (summary) of their life story to share with the class - if they are comfortable sharing.

Instructor: Susan Brandenburg, p. 33

**CHILDREN’S LITERATURE
FOR GRANDPARENTS**

Nov. 8, 1:30 – 3 p.m.

1 session \$7

Sharing books with young children is such fun! Explore classic children’s literature covering a variety of reading levels while gaining an understanding of the current language arts curricula. Learn strategies for improving reading skills for elementary school children. Enjoy this wonderful pastime with your grandchildren while helping them develop lifelong reading skills.

Instructor: Janet Willner Myers, p. 37

**Beginning Instrumental
Music • Page 27**



9:30 to 11 a.m.

NEW DISCOVERING YOUR CREATIVITY IN MID-LIFE AND BEYOND

Sept. 28 – Oct. 12, 9:30 – 11 a.m.

3 sessions \$20

Our psyches are like an iceberg. The tip of the iceberg above the water is what we are aware of but the vast unknown of our unconscious below is the source of our creativity. We will explore our inner unconscious lives through dreams, fairy tales, books and film. PowerPoint and lectures will be used to explain the different levels of the psyche according to Carl Jung. Class participation will be encouraged.

Instructor: Gretchen Deters-Smith, p. 33

NEW GUANA TOLOMATO MATANZAS NATIONAL ESTUARINE RESERVE

Oct. 12, 10 a.m. – 2 p.m.

1 session \$10

ED-venture ➡

Discover the natural beauty and fragile ecology under the stewardship of this state park! The program includes a presentation about conservation of the area's biodiversity and cultural resources through research, science-based stewardship and education.

Our ED-venture will be followed by a Dutch treat lunch at Cap's on the Water. Menu is available online at www.capsonthewater.com. If the weather's nice why not enjoy a leisurely walk or brisk hike?

Coordinator: Howard Taylor, ED-ventures Team Leader

NEW SUCCESSFUL LIFE TRANSITIONS

Oct. 26 – Nov. 9, 9:30 – 11 a.m.

3 sessions \$15

Explore practical steps to ease three important yet difficult life transitions: divorce, death of a spouse and illness requiring long-term care. Discussion will focus on measures you can take in advance to ease these transitions, look at the decisions involved and explore resources available. Using lecture, open discussion and case study, the class will cover the financial, legal and public benefit resources to help those in transition.

Instructor: Bill Laird, p. 36

10 to 11:30 a.m.

NEW ESSENTIAL FRENCH GRAMMAR AND READINGS (PART 8)

Oct. 26 – Dec. 14, 10 – 11:30 a.m. (no class Nov. 23)

7 sessions \$40

This intermediate level course emphasizes French grammar through the completion and correction of written exercises. We focus on comprehension, pronunciation and conversational skills in the reading of French texts.

Prerequisite: OLLI French classes, one year of college or two years of high school French.

Required book: "Le Français Essentiel 3, Fundamentals of French" by Gail Stein (ISBN 1-56765-326-X) available through the Florida School Depository (800-447-7957). Cost is about \$10.00.

Instructor: Mary Ames, p. 32

11:30 a.m. to 3 p.m.

NEW BEACHES MUSEUM AND HISTORICAL PARK

Nov. 9, 11:30 a.m. – 3 p.m.

1 session \$10

ED-venture ➡

Discover the rich, diverse history of Florida's First Coast beach communities! Our tour will reveal little known stories about Mayport, Atlantic Beach, Neptune Beach, Jacksonville Beach, Ponte Vedra Beach and Palm Valley. In addition, we will tour the recently relocated Beaches Episcopal Church and an exhibition of world art from notable beaches area collectors.

Our tour will be preceded by a Dutch treat lunch at Mambos Cuban Café. Menu is available online at www.mamboscubancafe.com. If the weather's nice why not take a stroll at the beach after the tour or view a contemporary art exhibition at J. Johnson Gallery (www.jjohnsongallery.com)?

Coordinator: Howard Taylor, ED-ventures Team Leader

**Beaches Museum and
Historical Park** • Page 28



Fall Session FLEET LANDING



1 Fleet Landing Blvd., Atlantic Beach, Florida

Monday ▼

NEW WHAT TO ASK YOUR DOCTOR

Oct. 29 – Nov. 5, 1 – 2:30 p.m.

2 sessions \$15

Become an informed consumer of medical services! This course is designed to enlighten male and female patients about the current advances and recommendations in preventive medicine. It will also look at the indication, limitations and interpretations of these tests for senior adults. Class participation will be encouraged with ample time for questions and answers.

Instructor: Dr. Edward Sachs, p. 39

Tuesday ▼

FROM VERSAILLES TO BLITZKRIEG

Oct. 23 – Nov. 20, 1- 2:30 p.m.

5 sessions \$30

The war to end all wars, World War I, didn't. In fact the Treaty of Versailles that provided the terms for peace, created the seed for an even larger and more deadly war to follow, World War II. Beginning with the flawed Versailles treaty, this class will discuss the events during the 1920s and 1930s that brought about the carnage, beginning with the German Blitzkrieg of Poland, in 1939. Do the problems of this period have relevance today? Or as Santayana said, "Those who ignore history are doomed to repeat it."

Instructor: Wayne Heckrotte, p. 35

Wednesday ▼

NEW MANAGING CHRONIC PAIN

Oct. 24 – Nov. 14, 10 – 11 a.m.

4 sessions \$15

This course focuses on managing chronic pain through the use of Myofascial Release Treatment (MFR), a non-invasive pain management technique. Students will learn about the conditions that would benefit from this type of treatment such as back, neck and jaw (TMJ) pain, sciatica, headaches, whiplash, fibromyalgia, adhesions, carpal tunnel syndrome, frozen shoulder and osteoarthritis among others. Participants will gain an understanding of the fascial system in our body and learn about appropriate stretching techniques to manage pain.

Required reading: Participants will be expected to review information about Myofascial Release therapy on www.myofascialrelease.com.

Instructor: Darly Thoppil, p. 39



OLLI Fall
Instructor
Showcase

Thursday, September 13
10 – 11:30 a.m.

Members & Non-Members welcome!
FREE to attend, but please register in advance.

Fall Session GLENMOOR



235 Towerview Drive, St. Augustine, Florida
at World Golf Village's Neighborhoods

Tuesday ▼

FACETS OF FLORIDA

Sept. 25 – October 2, 10 – 11:30 a.m.

2 sessions \$15

Discover some exciting, yet little known, aspects of Northeast Florida's history and culture! Whether you are curious about your adopted home or wish to impress friends with your knowledge, this class inspires you to explore the "other" Florida!

Sept. 25: Florida as Paradise - A Pictorial Essay

This session explores Florida as both a real and a mythic place that captured the imaginations of monarchs, explorers, captains of finance and industry, travelers and tourists. We will examine our state through works of art created by artists who visited and imagined it.

Oct. 2: The Bartrams – Early American Perspectives on New World's Natural Resources

Father and son botanists John and William Bartram treasured America's bountiful natural resources. In this session we track selected joint and individual botanical expeditions, as well as examine their divergent views on the colony's and young nation's natural world.

Instructor: Jeanette Toohey, p. 40

IT IS GOING TO RAIN TODAY, BUT WHY?

Oct. 16 – Nov. 13, 9:30 – 11 a.m. (No class Oct. 30)

4 sessions \$25

This course is a fascinating discussion of earth, air masses, processes, and flows that produce all the basic weather we experience. Beginning with continental systems and working our way down to local effects discover the causes of seasons, winds, precipitation, fronts and much more. A synopsis of the meteorology course taught at Embry Riddle uses extensive PowerPoint slides and computer animations to help demonstrate and explain the processes. The instructor encourages questions and discussion to make it a more enjoyable experience.

Instructor: Bob Schiffner, p. 39

NEW UNDERSTANDING YOUR TABLET COMPUTER

Dec. 4 – Dec. 18, 10 – 11:30 a.m.

3 sessions \$20

Unleash the power of your tablet computer! Have you ever wondered just what you can do with it? If so, this is the course for you. Learn the basics of its computing, cell phone, Internet browsing and camera functions. At the end of this course, you will find interesting new ways to use and enjoy your tablet computer.

Instructor: Margie Begley, p. 32



**OLLI Fall
Showcase**

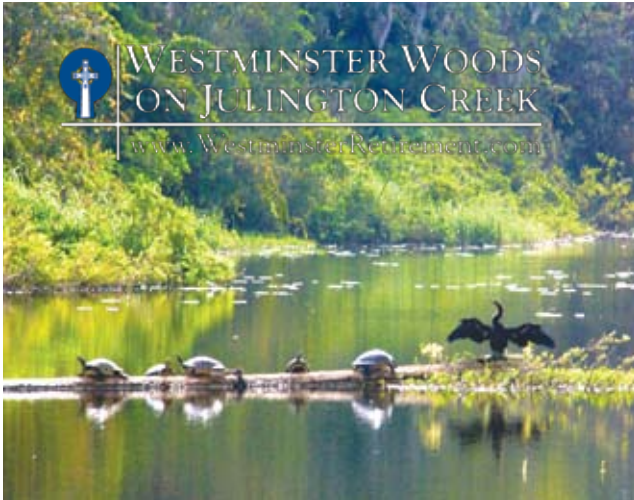
Friday, September 14

1:30 – 3:30 p.m.

Speaker: Annlee Alley, *My Florida Pioneer Family*

Members & Non-Members welcome!
FREE to attend, but please register in advance.

Fall Session WESTMINSTER WOODS ON JULINGTON CREEK



25 SR 13, on the south side of the
Julington Creek Bridge

Thursday ▼

CURRENT EVENTS

Oct. 4 – Dec. 20, 1 - 3 p.m. (No class Nov. 1, Nov. 22 and Dec. 6)
9 sessions \$65

Class discussions focus on topical issues of the day at the local, state, national and international levels. The atmosphere is collegial. Participants are expected to suggest topics for discussion and then actively participate. The objective is to exchange information and ideas in order to gain a greater understanding of today's complicated world. Weekly sessions provide an open forum for discussion. Periodically there will be an in-depth review of a single topic by a guest commentator. Supplemental readings are sent to participants weekly by e-mail, including a newsletter prepared by the facilitator. Accordingly, participant e-mail access is preferred though not mandatory.

Instructor: John Fischer, p. 34



OLLI Fall Showcase

Friday, September 7
1:30 – 3:30 p.m.

Speaker: Emily Lisska, *Jacksonville History*

Members & Non-Members welcome!
FREE to attend, but please register in advance.

Current Events • Page 31



FACULTY

Parvez Ahmed

is an associate professor of finance at the Coggin College of Business at UNF. In 2009, he studied as a U.S. Fulbright scholar in Bangladesh. His research work has appeared in several major finance journals and he recently published a book entitled, "Mutual Funds - Fifty Years of Research Findings." In addition, Dr. Ahmed has written editorials about Islam and the American Muslim experience, which have been published in several leading newspapers across America and the world. Currently, he serves as a board member for OneJax, (formerly the National Conference on Community and Justice) and on the Human Rights Commission in Jacksonville.

NEW Understanding Islam - The Faith and Its Practices, p. 21

Mary Ames

has a liberal arts degree in French from St. Xavier University in Chicago and has studied at the Sorbonne in Paris. She holds a teaching certificate from the State of Illinois and has 11 years of experience teaching French in public and private schools in metropolitan Chicago. She has taught French in the OLLI program for five years and has traveled throughout France and to Belgium, Switzerland and Quebec. She is a member of the Alliance Française of Jacksonville and enjoys French culture and conversing with native-born French speakers.

NEW Essential French Grammar and Readings (Part 8), p. 28

Bob Bednar

is host of "This is Jazz" on WJCT 89.9 FM. He has loved and listened to jazz his entire life, both as a performer and as a radio host. During his career, he has had the opportunity to work with jazz greats Zoot Sims, Charlie Ventura, Stephanie Grappelli and many more.

NEW Jazz and the Great American Song Book, p. 26

Margie Begley

is an experienced financial and technology manager with more than 20 years of experience with Fortune 50 companies. Margie has developed in-house business application seminars as well as computer-based training. She continues to offer consulting services to companies. Over the last two years, Margie has been a private tutor for high school and college students in accounting, finance, math and reading.

MS Office Excel for Beginners, p. 10

NEW Understanding Your Tablet Computer, p. 30

Eliezer Ben-Yehuda

was born in Jerusalem, Israel. Rabbi Ben-Yehuda earned a doctorate in literature with a thesis on the text of the Jewish Scriptures as reexamined from the Hebrew. Since arriving in the United States in 1958, Rabbi Ben-Yehuda has served as a rabbi of the pulpit, Jewish chaplain for the V.A., campus rabbi at Indiana University of Pennsylvania, Hebrew school and Sunday school principal and teacher, and guidance counselor for youth movements.

NEW Basic Judaism, p. 20

Martha Bennett

is a Certified Open-Focus Trainer. She has more than 25 years' combined experience as a body-centered psychotherapist and educator. She received her M.A. in psychology from the University of West Georgia.

NEW Open-Focus Brain Training for Golfers (and Others!), p. 17

Rebecca Berg

has practiced law for 28 years. She has specialized in elder and disability law for the past 22 years. Rebecca was among the first 25 attorneys in the country to be certified in elder law.

NEW Elder Law Basics, p. 19

Gail Beveridge

is the Jacksonville Arboretum's marketing and development director and a board member. She served as event co-chair for "A Brush with Nature," a plein-air painting invitational held from March 20-31, 2012, at the Arboretum.

Behind the Scenes: The Jacksonville Arboretum and Gardens, p. 22

Lenard Bowie

is a consummate musician. He is a professional trumpet performing artist, skillful band director, astute music administrator and a published author. Dr. Bowie received a B.S. with honors of greater distinction, from Florida A & M University, the M.S. in trumpet performance from the Manhattan School of Music, and two advanced degrees, including a D.M.A., from the Yale University School of Music. Lenard has performed professionally with the Jacksonville Symphony Orchestra, the St. Johns River City Band, and four brass quintets of which he was the leader. He served as the associate director of bands at Florida A & M University, was founding director of the UNF Band and instrumental programs, as well as founder of the African American Music Program. Dr. Bowie also served as Fine Arts and Music Department chair at UNF. In addition to three articles published in professional journals, Dr. Bowie is the author of the textbook for this class, "African American Musical Heritage."

Speaking of African American Music, p. 19

Susan Brandenburg

is a professional biographer who enjoys the great privilege of writing the life stories of extraordinary people. A journalist for more than thirty years, Susan has written eight biographies and published four books through her publishing company, Susan the Scribe, Inc. in Ponte Vedra Beach. Her website is www.susanthescribe.vpweb.com.

NEW Writing Your Life Story, p. 27

Louis "Lou" Catania

is an internationally acclaimed clinical educator and author. Dr. Catania has written 11 textbooks and over 125 journal articles. He practiced clinical eye care for over 42 years in private practice and academic medical centers. Lou currently serves as senior consultant at Nicolitz Eye Consultants, a multispecialty ophthalmology group in Jacksonville. In addition, he serves as consultant and advisor to J&J Vision Care and Marco Ophthalmic, Inc. He holds academic rank and is a visiting faculty member at numerous optometry and medical schools at U.S. and international universities. Lou's greatest passion is education and communicating complex information at a comfortable, understandable level.

Understanding Maturing Eyes and Vision, p. 20

Tom Collins

is a retired theoretical physicist with degrees from the University of Georgia and the University of Florida. Over the past 30 years he served in university administration in various chief research officer posts. Tom is the author of two books and more than 80 journal articles.

NEW A Look at Modern Physics, p. 21

Gwen Cordes

has been solving puzzles most of her life. She holds a B.F.A. from the University of Connecticut. Since retiring from the U.S. Department of Labor in 2002, she has performed with the Vintage Players when not puzzling or watching UConn basketball.

NEW Across and Down: Crosswords 101, p. 14

Gretchen Deters-Smith

has been a psychotherapist for over 30 years and has been in training with the Inter Regional Society of Jungian Analysts since 2008. She specializes in dream interpretation and helping those who would like to live a more creative life. She has taught graduate level courses in counseling and is in private practice in the beaches area.

NEW Discovering Your Creativity in

Mid-Life and Beyond, p. 28

Richard Dickson

is currently executive director for Northeast Florida Conservatory and director of the Community Band, Orchestra and Jazz Band. Richard has taught band at Wolfson and Paxon high schools and at Jacksonville University, Florida Community College Jacksonville, and the University of Florida. He directed the Gainesville Community Band and Civic Chorus and Orchestra. Richard owned and operated a national music personnel service and also directed and produced his own dinner theatre. For 12 years, he was executive director for Amelia Arts Academy, a community school of the arts on Amelia Island and directed Amelia Island Chorale, the New Horizons Band and the String Ensemble. He was also organist and music director Amelia Plantation Chapel and has served churches in Jacksonville and Gainesville. Richard holds music education degrees from Stetson University and University of Florida.

NEW Beginning Instrumental Music, p. 27

Susan Drain

has been “hooked” on crocheting since she was a little girl in Massachusetts. She knows the where, when and how to use the various types of crochet stitches for amazing results. She is thrilled to see the current revival of crocheting as featured in the reality show “Project Runway,” where many top designers have featured crocheted items such as belts, shawls, shrugs, sweaters, hats, and more.

NEW Beginning Crochet, p. 19

Toni Enos

is a professional knitter who enjoys teaching OLLI courses. Sandy Ernstsén is passionate about creating objects that are both beautiful and useful. She learned to knit the same year she earned her B.A. in design from California State University, Los Angeles. For yarn money she worked as a graphic designer in the advertising industry.

The String Theory – Learn to Knit, p. 23

John Fischer

is a management consultant. He has been a news aficionado since high school. His professional work required extensive domestic and international travel and periodic relocations. These changes have always been accompanied by his active involvement in local civic issues and the World Affairs Council. John has been a facilitator of OLLI current events discussion groups for four years.

Current Events, p. 31

Joseph Fittipaldi

began his teaching career at Boston University. After 25 years in domestic and international sales for a medical device manufacturer, Joe renewed his passion for big band music. His “Sunset Beach Ballroom Show” was a Friday night staple on WPCA-FM in Amery, Wisconsin. A big band enthusiast since his first music lesson in 1947, Joe specializes in big band standards. His dad’s job as a vocalist with the Ted Weems Orchestra influenced Joe’s choice of music.

The Big Bands – A Sentimental Journey, p. 22

Marilyn Fowler

is a retired licensed clinical social worker/psychotherapist. She served as mental health team leader, then director of mental health services in the Duval County Jail. She later coordinated mental health services in five nursing homes, worked on in-patient units, and was in private practice for a number of years. Her stories have appeared in a Salvation Army Magazine and in a book entitled “When God Spoke to Me” by David Paul Doyle. Her memoir, “Silent Echoes,” was published last year.

The Influence of Childhood Messages, p. 14

Marian Frech

holds a B.S. in biology. She has been a research biologist in hypertension at the National Institutes of Health in Bethesda, Maryland and Marineland, Florida. She is director of the University Athletic Club and has been a fitness instructor for 30 years and a personal trainer since 2005. Maria Dragoo has been a massage therapist for 12 years.

**Pressure Point Pain Relief Strategies
and Theraband Exercises and Stretching, p. 15**

Wayne Heckrotte

has taught at OLLI and will be beginning his fifth year this fall. His courses have concentrated on history including, World Wars I and II, the inter-war period and the history of baseball.

NEW From Blitzkrieg to VE Day and Update of World War II, p. 24

From Versailles to Blitzkrieg, p. 29

Shirley Ostholm Hinnau

holds a Ph.D. in political science from Columbia University. She served as professor of political science and pre-law adviser at York College of the City University of New York for thirty-four years.

NEW What in the World Is Happening? p. 19

Howard Hodor

retired after 35 years' experience in commercial and residential real estate development. He served as founding chairman of Gainesville's Council for Economic Outreach and received the governor's appointment to the Southern Growth Policy Board and Florida Council of 100. Howard served as chairman of the administrative committee of the board that founded Enterprise Florida. At the request of the governor, he assumed the responsibilities of president and CEO of that organization for 18 months.

Current Events, p. 15

Bill Howes

holds a B.A., M.A. and Ph.D. He is a former American history teacher, principal and superintendent of schools. This is his sixth year teaching in the OLLI program, where he has taught several courses in American history.

NEW That Used To Be Us: How America Fell Behind In the World It Invented and How We Can Come Back, p. 22

Belinda Hulin

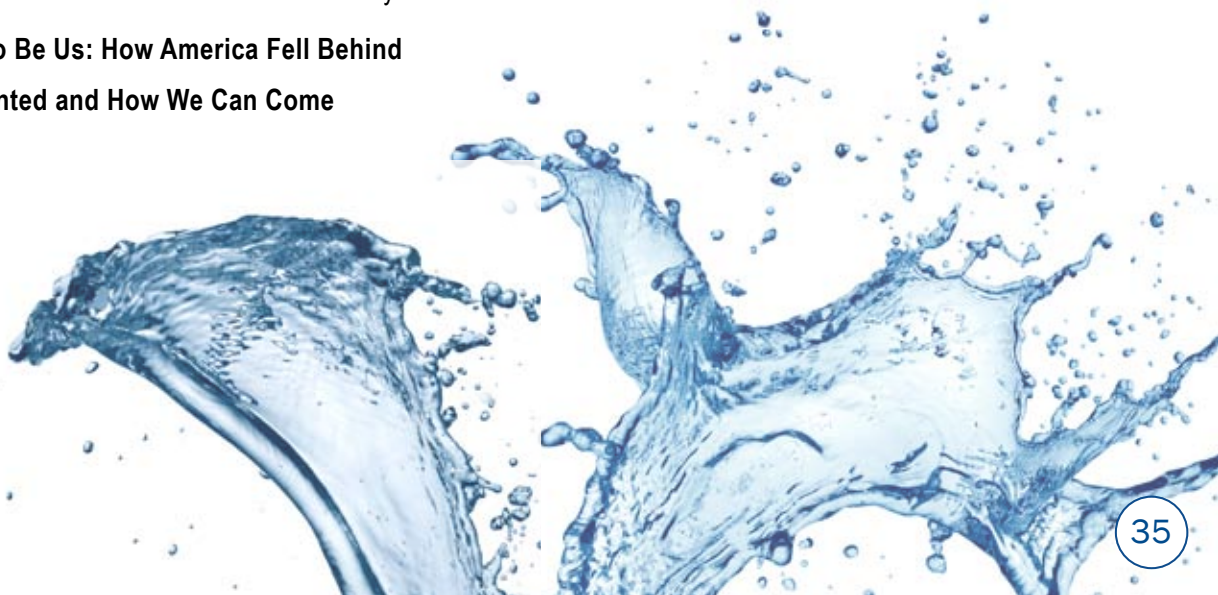
was stirring gumbo pots before she could walk. At the knees of her Cajun mother and grandmothers, she learned the joys of seasonal seafood and produce and the seduction of spicy roux-based soups and fricassees. Born in Lafayette, Louisiana, and reared in New Orleans, Belinda inhaled the heady spices of country Acadian and city Creole cuisines and embraced their magic. She is the author of "Roux Memories: A Cajun-Creole Love Story with Recipes," as well as other cookbooks. She has had a long career writing about food and entertaining for magazines and websites, including the Florida Times-Union and Water's Edge.

Your Table, Your History: Writing Your Family Cookbook, p. 18

Rodney Hurst

served two four-year terms on the Jacksonville City Council. In addition, he serves on several local organizational and agency boards, including the Executive Board of the Jacksonville Branch of the NAACP. Of his many awards and recognitions, he is the recipient of: the 2008 Clanzel T. Brown Award, given by the Jacksonville Urban League; the 2010 Dr. Mary McLeod Bethune Visionary Award, given by the National Alumni Association of Bethune-Cookman University and the 2010 Jacksonville Branch NAACP President's Award. He gave the keynote address at the 2010 City of Jacksonville's 23rd Annual Martin Luther King Breakfast. His recent book "It was Never About a Hot Dog and a Coke: Ax Handle Saturday," is in production as a documentary.

NEW The Civil Rights Movement: Jacksonville's 1960 Sit-ins and Ax Handle Saturday, p. 26



Bill Laird

is Director of Wealth Management for Dixon Hughes Goodman's Jacksonville office. Dixon Hughes Goodman is the largest CPA firm based in the Southeast. Bill assists his clients through major life transition events such as retirement, divorce, death and long-term care decisions. Among other civic activities, Bill has been on the board of the Clay County Senior Advocacy Council for three years. In his personal life, he is the primary decision maker and caregiver for both his father and uncle, who suffer from dementia. Bill has served as an expert witness in divorce cases within Duval and St. Johns County. He is one of only 1,300 individuals nationwide to hold both the Certified Financial Planner and Chartered Financial Analyst certifications.

NEW **Successful Life Transitions, p. 28**

Marilyn Lawson

has been a docent at the Jacksonville Zoo and Gardens for more than a decade. Education has been her main focus and she enjoys working with people of all ages. She looks forward to sharing a great "zoo experience" with fellow OLLI members!

NEW **Let's Get Wild About the Jacksonville Zoo, p. 23**

Randi Loving

is a graphic designer with 30 years' experience. She has a B.A. and B.F.A. from UNF and is a 15-year member of the National Association of Photoshop Professionals (NAPP). Her specialties include digital photo restoration, general photography and photo organization.

Computer Help, p. 15

Jay Marshall

had a management career with Fortune 100 companies (Exxon-Mobil, Nestle, Revlon) and served as CEO of smaller international trading companies. He holds degrees in economics, engineering and business administration and has served as adjunct professor at the State University of New York (SUNY) and Thunderbird University.

NEW **Understanding Our World Series:
Birth and Demise of the Arab
Civilization (72 A.D. – 2020), p. 18**

Lee Marshall

retired after more than 20 years as the executive director of several national health agencies in New York and most recently as president of a nonprofit consulting firm specializing in strategic planning and corporate seminar presentations. She holds a B.A. in social sciences from Mercy College in Dobbs Ferry, New York, and she completed her graduate studies in psychology and English at Manhattanville College in Purchase, New York.

NEW **Extraordinary Lives of
Exceptional Women, p. 17**

Roshan Massey

was born and educated in India. He is a true travel enthusiast. He has coordinated and led groups touring India, Kashmir and Nepal. In his younger days he took groups overland from England to India and England to North Africa.

NEW **A Travel Guide to India, p. 17**

Walter Mattingly

earned a B.A. in English from Loyola University of New Orleans and an M.A. and A.B.D. in English literature from the University of Florida. He served as a lieutenant in the U.S. Infantry. Walter is a franchisee for Popeye's Fried Chicken in the north Florida region, has interests in Woody's BBQ and is proprietor of Mardi Gras Grill on Edgewood Avenue.

NEW **James Joyce's "Ulysses":
A Seminar of Inquiry, p. 25**

Connie McAuliffe

is a retired management consultant and college instructor. She holds a B.A. in English from Bucknell University in Lewisburg, Pennsylvania and an M.Ed. from Cabrini College in Radnor, Pennsylvania. Her area of expertise is communication. A lifelong avid reader, Connie has spent time as a journalist and continues to write poetry and fiction. In retirement she enjoys abstract painting, working mostly in acrylics.

NEW **Two Novels About Rascally Old Men, p. 20**

Kenneth McMillan

was a professor in the University of North Florida's Department of Art and Design where, for 30 years, he taught Aesthetics, Art of the 20th Century, Art Since 1940, Ceramics/Sculpture and 3D Design. He is a former chairperson of that department. Although teaching full time, he was able to travel extensively, and these experiences add a passion to his teaching. As a retiree, he is now producing art, researching and serving as a volunteer teacher for the St. John's Cultural Council and the O.U.R. Communities in Schools Program of St. Johns County.

NEW Surfing the Arts, p. 15

Mary Ann Miller

is a professional artist, author and retired art educator. She has recently published "More Travels with a Blue Vase: Paris and Beyond," her second book of watercolor sketches around the world. She has taught OLLI classes in travel sketching for three terms and they are always full.

Travel Sketching 101, p. 25

Jim Mittelstadt

was an educator for 42 years. As a charter faculty member of the University of North Florida, he created and taught a popular graduate course in storytelling for many years.

NEW The Art of Storytelling, p. 16

Janet Willner Myers

enjoyed a 40-year career in elementary education. Over the course of those years, she was an assistant principal and taught grades 3 through 6, Spanish and classes for the gifted. Janet holds a B.A. in American history from the University of California at Berkeley and both an M.A. and Ed.D. in educational leadership from the University of North Florida.

Children's Literature for Grandparents, p. 27

"New Yorker" Facilitators:

Collectively speaking, the course facilitators' professions include architect, retired University of North Florida professors of history, psychology, and English, engineer, urban planner, poet, early childhood evaluator, author, journalist, photographer, community organizer, grant writer, artist, business and non-profit project manager,

psychologist, family researcher, early childhood educator, management consultant, and astrologer. Their interests cover an even broader range: reading, travel, music (jazz, classical and more), theater, art, architecture, politics, community involvement, social activism, volunteering and non-profit boards, woodworking, Boston Red Sox, gardening, studying Gilgamesh, sewing, autism and other early childhood health matters, old Jaguar automobiles, good food, sports and grandparenting.

Discussing the "New Yorker", p. 14

Jim Newman

is senior vice president of wealth management for Janney Montgomery Scott, LLC, with over 21 years' experience as a licensed financial advisor. He graduated from Wharton Business School with an accreditation in wealth management. He is a certified senior advisor and a certified divorce financial analyst. He has written articles for the Jacksonville Business Journal and appeared as an expert for television stations WTLV NBC 12 and CBS 47.

NEW Caring for an Aging Parent, p. 24

NEW Designing and Managing an Investing

Portfolio, p. 24

Estate Planning, p. 23

Carol O'Dell

is the author of the forthcoming novel "White Iris," chronicling the journey of a woman who moves to the south of France to explore Vincent's decadent summer highs only to find herself tangled in the past. Carol holds a B.F.A. from Jacksonville University, takes art treks to Europe and paints replicas of Van Gogh's works.

Henri de Toulouse -Lautrec and the Artists of the Moulin Rouge, p. 25

William O'Malley

is a retired Chicago Circuit Court judge, a former defense attorney and Chicago police officer. He instructed at various law schools. He holds a degree from Loyola University of Chicago and has his J.D. from Chicago Kent College.

A View of the Criminal Justice System, p. 24

Elaine Omann

has been involved with aesthetics and art for most of her career in education. She continues to develop her art form in oil painting. She enjoys encouraging creativity and aesthetic integration with friends and others. She exhibits her paintings at Trends Home Décor in San Marco and is a member of local art guilds and art markets.

NEW Aesthetic: Can You Say It,

Spell It, and Do It? p. 13

NEW Aesthetic: Can You Say It,

Spell It, and Do It? p. 14

Elizabeth Hammond Pampalone

has been teaching computers to all age groups for four years. Straight out of college in Cincinnati, she ended up in a cubicle as a software developer. When this did not suit her, she followed a teaching job lead to Jacksonville. Here, she found her passion and a town that needed what she has to offer. She has become an expert at computers and has a passion for teaching others how to get the best and most from them.

NEW Art of the Bargain, p. 11

How to Build a Website, p. 13

NEW Introduction to Digital Cameras, p. 12

NEW Learn to Use Your iPad, p. 13

Understanding Your iPhone, p. 11

eBay Basics, p. 13

What the Heck Is a Blog? p. 12

NEW The Windows Control Panel, p. 13

Larry Pasquale,

a former American and Canadian football coach, spent 39 years coaching football with multiple teams in the NFL, CFL and several colleges and high schools. Regarded as one of the most respected special teams' coaches in the NFL, he earned Special Teams Coach of the Year honors. After retiring from coaching, Larry enjoyed an eight-year career as a television and radio sports broadcaster. He was an analyst for the New York Jets and the YES Network, including a weekly "Coach's Class" video segment and the Jets and Giants game plans column on YES Network.com.

Football Strategy, p. 21

L. McGehee Porter

has forty years' experience in financial management. His last twenty-five years were as a general partner, managing director and senior portfolio manager with prominent investment management firms. He worked in New York City in the Wall Street area advising pension funds, foundations, endowments and high net worth private clients.

NEW Observations of a Long-Term

Portfolio Manager, p. 11

Marianne Prichard

holds degrees in political science and education from California universities. She taught for nine years in northern California. Marianne brings to the course much international experience. For 32 years she taught in overseas American and English language schools located in east Asia, the Middle East, Haiti, Guam, Africa and most recently in Shanghai, China.

Current Events, p. 21

Nan Ramey

has worked as an educator with the Duval County Schools for over 35 years. She currently writes on several blogs including the Florida Times Union newspaper blog and is founder of Blogger's University.com. In addition to blogging, Nan has been keeping a daily journal for over 15 years writing about everything from the mundane to seeing Rosa Parks, Ronald Reagan and other notable people. Nan would like to bring out the "blogger in you."

NEW Blog Ideas: 25 Ideas for

Sharing What's On Your Mind, p. 19

Shirley Leckie Reed

is professor emerita of history from the University of Central Florida where she taught women's history, regional histories of the South and the West and courses on periods such as the Gilded Age and Progressivism. Shirley is the author of biographies on Elizabeth Bacon Custer, the wife and chief mythologizer of George Armstrong Custer and the western historian and Indian advocate Angie Debo. In addition Shirley has authored works on women and family life in the American Civil War. In particular, her examinations of frontier military life and women intellectuals have revised the history of the American West.

NEW Voting Rights & Wrongs: An Historical Overview, p. 23

John Reeve

retired from the advertising and publishing industry. A Silver Life Master with over 1,300 master points, John frequently competes in regional and national bridge tournaments.

Beginning Bridge, p. 16

Intermediate Bridge, p. 18

Virginia Roemhild

has a B.S. in business administration from Drexel University in Philadelphia. Language courses in Dutch, Portuguese and French are just a few of her other academic pursuits. She served as a tax consultant and instructor for H&R Block and taught high school math, English and business courses. Her former residences include the Netherlands, Jamaica, Brazil and a few states in the U.S.

NEW **Travels with Ginny, p. 20**

Glenn Ross

is a Master Carver and has been an OLLI member for three years. He began his training as a woodcarver in 1996. He started teaching woodcarving and sculpture classes around the country in 2009 and in April 2011 started teaching woodcarving classes for OLLI. In 2008 Glenn retired as president of AllEnergy, Inc., a technical consulting firm to the energy industry.

NEW **Intermediate Woodcarving, p. 16**

Edward Sachs

is a recently retired internist with over 30 years in private practice. Dr. Sachs is certified by the American Board of Internal Medicine and a graduate of the Ohio State University College of Medicine. He served as clinical professor of medicine and chairman of department of medicine.

NEW **What to Ask Your Doctor, p. 29**

Bob Schiffner

holds a B.S. in engineering from Penn State and an M.S. in geophysics from the United States Naval Postgraduate School with a dual major in meteorology and oceanography. After 20 years in the U.S. Navy as an aviator on several aircraft carriers, he retired and worked 25 years for Price Waterhouse Coopers and other major management companies in the data processing arena. During his last six years of employment he traveled the world as the computer games system manager for the International Special Olympics competitions. Since retirement he has taught at several community colleges and is currently on the staff at Embry Riddle Aeronautical University and at St. Johns River State College.

IT IS Going to Rain Today, But WHY? p. 30

Joseph Steinman

is originally from Philadelphia and holds a B.S. and M.S. in chemical engineering, and an M.B.A. and Ph.D. in finance. In the early part of his career, he worked in research for NASA on the Space Shuttle. Later he spent 19 years in private industry in various financial and general management positions in the United States, Europe and East Africa. He served on the finance faculty of a university in Switzerland for 12 years and the University of North Florida for 7 years. He has consulted for management throughout the world.

NEW **Economic Themes for the 2012 Election, p. 12**

Darby Thoppil

is an occupational therapist and is the owner and president of Revive Rehab, Inc. She is extremely passionate about her work in the field of therapy. With more than 19 years of experience, she has worked in a variety of settings including inpatient, outpatient, school systems, assisted living facilities and skilled nursing facilities. Her major focus has been in neurological rehabilitation and pain management. She completed her NDT training in 1998 at Loma Linda University, California, from Waleed Al-Oboudi and also completed her Myofascial Release (MFR) training with John F. Barnes, author and authority on Myofascial Release. Darby believes that MFR is one of the best non-invasive techniques used for pain management in the healthcare field today.

NEW **Managing Chronic Pain, p. 29**

Mireille “Mimi” Smith Threlkel

was born and raised in French-speaking Switzerland. She earned a B.A. in political science and an M.B.A. at UNF. Her international marketing career was in Switzerland, where she worked for a number of multinational companies. Mimi has traveled extensively, strengthening her intense interest in expanding multicultural communications and understanding.

NEW French Reading and Discussion: “Le Petit Prince” by Antoine de Saint-Exupéry, p. 26

Jeanette Toohey

became Director of UNF OLLI in March 2010. Prior to joining our vibrant community of lifelong learners, she was a professional in the nonprofit sphere. For 25 years she was an art historian who served as a museum curator. As chief curator of The Cummer Museum of Art & Gardens, Jeanette led the collections, exhibitions, gardens, library and registration divisions. More recently she served as an executive responsible for transitioning a hospital-based arts-in-healing program to an independent nonprofit organization.

Facets of Florida, p. 30

Kathleen Triebwasser

is a Licensed Marriage and Family Therapist (LMFT), Licensed Mental Health Counselor (LMHC) and Certified Clinical Mental Health Counselor (CCNHC) with twenty years of experience in the field of marriage and family.

NEW Challenging Roles in Our Second Adult Life, p. 11

Dean Veremakis

was president of the Orders & Medals Society from 2000 to 2010. A researcher in the area of U.S. awards, medals and decorations, Dean holds an M.A. in American history with a focus on military history from Temple University. He retired from the U.S. Navy Reserve in 1998 and from the Liberty Mutual Insurance Group in 2006. His recent publications include “Bogus Purple Hearts,” “Semper Paratus,” “The Ubiquitous World War II Navy Good Conduct Medal,” “The Arleigh Burke Honor Award” and “Decorations and Medals.”

NEW More Than a Piece of Ribbon & a Piece of Metal: A Short History of U.S. Military Awards, Medals and Decorations, p. 15

Alexander Weiss

has bachelor’s, master’s and doctoral degrees in medieval literature and Chaucer. For 30 years he taught English at Radford University in Virginia and is the author of “Chaucer’s Native Heritage.”

NEW The British Canonical Poets I: Shakespeare’s Sonnets, p. 13

June Weltman

is a lifelong mystery fan. A former newspaper reporter and a freelance writer and editor, she is the author of “Mystery of the Missing Candlestick,” a mystery for ages 9-13 that won a special award from the Florida Historical Society. She teaches adult education classes in writing mysteries for children, teens and adults. She’s won awards for her mystery reviews that appear in The Florida Times-Union.

NEW Mysteries Unlimited: International, p. 22

Harry Yoffee

is a physician specializing in internal medicine who works part-time as a consultant for the Veterans Administration. He has over 50 years of experience in trading all types of financial instruments.

Stock Market Fundamentals, p. 10

JoAnne Young

has been beading for about ten years. She makes jewelry for her personal use and to give as gifts. She worked as a high school teacher for 34 years before retiring. Her goal is for you to gain enjoyment and jewelry creating skills.

Basics of Making Bead Jewelry, p. 25

Mary Ellen Young

holds a Ph.D. in historical musicology from the University of Minnesota. As a faculty member of Lakewood Community College for 30 years and chair of the humanities department for 20 years, she taught music history, comparative religion and interdisciplinary humanities. She is a member of the board of directors of The Guild of the Jacksonville Symphony Association and served as its vice president of education for several years.

NEW The Metropolitan Opera Lectures, p. 26

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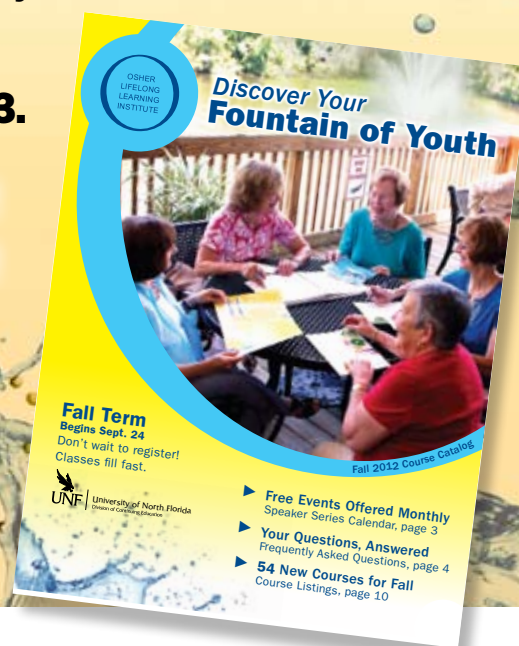
Sept. 14 - OLLI Fall Showcase at Glenmoor

Sept. 12 - OLLI Fall Showcase at University of North Florida

See the list of free offerings on page 3.

**Fall registration is open!
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